



ROUND 9
SATURDAY JUNE 12TH

RECORD

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Footy
grows
here.



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UPCOMING FIXTURE

MEN'S & NETBALL

23 MAY 2026

STANDARD TIMES



ROUND 9
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RESERVE

23 MAY 2026

STANDARD TIMES



ROUND 9
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23 MAY 2026

STANDARD TIMES



ROUND 9
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PRECINCT

23 MAY 2026

STANDARD TIMES



ROUND 9
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RESERVE

23 MAY 2026

STANDARD TIMES



ROUND 9
GREENHILL RESERVE

WOMEN'S

22 MAY 2026

5:00PM



ROUND 8
LANCEFIELD PARK

23 MAY 2026

5:00PM



ROUND 8
TONY CLARKE RESERVE

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ACROSS MY DESK

by General Manager Operations Grace Bibby

The Midnight Rush: Understanding the AFL's June 30 Player Transfer Deadline

Every winter, local footy clubs across Australia face a high-stakes race against the clock. It has nothing to do with the final siren, but everything to do with the midnight deadline on June 30. This date is the absolute cutoff for community football player transfers across AFL state leagues. If a player is not registered in time, their season with a new club is over before it even begins.

Why the June 30 Deadline Matters

The June 30 rule exists to maintain fair competition across community and state leagues. Without a strict cutoff, top-tier teams could easily recruit star players from struggling leagues right before the finals, compromising competition integrity.

Missing the midnight deadline means a player cannot transfer to a new club for the remainder of the active season. They must wait until the post-season transfer window opens to make a move.

The PlayHQ Rules and Exceptions

All community football transfers must be processed electronically through the AFL's official registration platform, PlayHQ. To ensure compliance, clubs and players must keep the following procedural rules in mind:

- **Strict Lodgement:** The transfer request must be initiated in PlayHQ before 12:00 AM on June 30.
- **In-Progress Safety Net:** If a transfer is lodged before the deadline but is pending approval or temporarily denied, it can still be resolved or re-opened in the days following June 30.
- **Local Interchange Permits:** Temporary match-day permits or short-term player sharing agreements between local clubs are also subject to this deadline.

Moving to a new club late in the season requires quick coordination between the player, the destination club, and the league.

- **Early Notification:** Inform your current club administration immediately so they can clear your profile.
- **Submit on PlayHQ:** Ensure the destination club formally logs the transfer request well before the midnight rush.
- **Identity Verification:** Be prepared for strict identity audits. Many state leagues enforce mandatory match-day list checks after July 1. Players may need to present up to 100 points of identification (such as a driver's license, passport, or birth certificate) to verify their eligibility on game day.

For community footballers, the final week of June is the most critical off-field period of the year. Ensuring your paperwork is lodged early keeps your season alive and your finals aspirations on track.

WE'RE HIRING

COMMENTATORS **APPLY TODAY!**

Visit the link below to submit your application
<https://zfrmz.com.au/ukCuFiliurUcr0tkzF0c>

If you have any experience and haven't yet forwarded it to us, please email garter@gameface.cc with some tapes for our reference!



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BLAKE WATSON

186 RANKING POINTS

40 DISPOSALS

12 MARKS

12 INSIDE 50'S

6 TACKLES

PLAYER OF THE WEEK

RDFNL FOOTBALL TEAMLISTS

Click the division for match details and team lists.



VS



VS



VS



VS



VS



RDFNL FOOTBALL RESULTS

Click the division for match details and team lists.



VS



VS



VS



VS



VS





LOCAL FOOTBALL

Like Never Before



RANKING POINTS

ROUND EIGHT

BLAKE WATSON
1 **186**


 **EVAN DONOGHUE**
161 5

BRODEN COLLINS
2 **183**


 **JOSH GOVAN**
157 7

CALLUM WILLIAMSON
3 **179**


 **OLEG MARKOV**
153 8

MARK KOVACEVIC
4 **169**


 **JAI DYN CARUANA**
150 9

MATT QUIGLEY
5 **161**


 **NATHAN BLAIR**
144 10



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HARDWICKS



RDFNL Senior Mens Football Tipping

Each week throughout the 2026 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend’s senior football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

Football Tipping							
NAME	Melton Centrals vs Riddell	Diggers Rest vs Lancefield	Gisborne Giants vs Kyneton	Melton South vs Woodend Heskett	Wallan vs Romsey	Last Week	Total
Brenton Knott	Melton Centrals	Diggers Rest	Kyneton	Melton South	Wallan	5	31
Courtney Alexander	Riddell	Diggers Rest	Kyneton	Melton South	Wallan	4	29
Terry Kernan	Riddell	Diggers Rest	Kyneton	Melton South	Wallan	3	29
Brian McNabb	Melton Centrals	Diggers Rest	Kyneton	Melton South	Wallan	5	30
Jordan Doyle	Riddell	Diggers Rest	Kyneton	Melton South	Wallan	4	30
Richard Thwaites	Riddell	Diggers Rest	Kyneton	Melton South	Wallan	4	29
Grant McMillan	Riddell	Diggers Rest	Kyneton	Melton South	Wallan	4	33
Tara Murray	Riddell	Diggers Rest	Kyneton	Melton South	Wallan	4	30
Ben Higgins	Riddell	Diggers Rest	Kyneton	Woodend-Heskett	Romsey	4	31
Grace Bibby	Riddell	Diggers Rest	Kyneton	Melton South	Wallan	5	34





**Proudly supporting the RDFNL
Live Streams and the RDFNL
commentary team in 2025**



RDFNL Senior Mens Previews

By Seth Cornish



VS



VS



A fascinating contest awaits this weekend, with both sides entering the clash off impressive victories. Melton Centrals responded in the perfect fashion last week after a difficult period, grinding out a crucial one goal-win over the redbacks. Donoghue had a second impressive performance in a row with 24 disposals, 17 contested possessions and 136 ranking points. Alongside him was Jake Armistead who had 24 disposals, 6 marks, 9 clearances and 109 ranking points. The key to Centrals victory was their dominance around the contest, winning the contested possession count (+22), groundball gets (+26) and pressure acts (+29). These numbers highlight the brand of football centrals want to play and they'll need to replicate this against Riddell this week. After a shaky start to the year Riddell have now extended their winning streak to 5 in a 37-point win over the Giants. An interesting game where Riddell probably should have won more with 36 scoring shots kicking 18.18. Callum Williamson continued his stellar form with 32 disposals, 6 tackles, 15 clearances and 179 ranking points. Mark Kovacevic was also dominant in the ruck with 22 disposals, 15 contested possessions and 169 ranking points. Similar to Melton Centrals the Bombers dominated the contested ball winning the contested possession count (+31) and groundball gets (+26). This all sets up to be a highly contested contest where both sides will be in strong pursuit of the 4 points, however I think Riddell are in a better patch of form now and will win this one away from home.

Two teams in similar positions in their seasons face off at the home of the panthers. Melton South will be happy to return home, where they have been extremely strong this season. Their only defeat at the venue came in round 1, with the Panthers since recording impressive home wins over Macedon and Kyneton. They continued their strong form last weekend with an expected 53 point victory over Lancefield, extending their winning streak to three games. Broden Collins had a massive game with 27 disposals, 10 clearances and 183 ranking points and alongside him was Blake Souter with 35 disposals, 12 marks and 161 ranking points. Woodend desperately need the 4 points in this matchup after the top 6 is beginning to run away from them. They're inconsistencies this season has really shown as they have been able to bring some intensity in some games and get absolutely blown away in others. Daniel Toman has been doing his best for the Hawks this season once again averaging 169 ranking points and 38 disposals in his pursuit of a second Bowen Medal. Behind him is Fletcher Banfield who is also having a great year averaging 31 disposals and 115 ranking points. These sides only met once last year and South got the better of the Hawks winning by 16 points and I think something similar will happen here, the panthers have been way to good on their home ground to drop a game like this against an inconsistent Woodend side.

Prediction- Riddell by 5 goals

Prediction- South by 40 points

RDFNL Senior Mens Previews

By Seth Cornish



The Giants return home against a Kyneton team who will be looking for a response after last week. Gisborne was competitive for much of its clash with Riddell before eventually going down by 41 points. There were some positives for the Giants, particularly with several key players returning from injury. Matt Quigley did not miss a beat in his first game back with 39 disposals, 11 clearances and 161 ranking points. Brad Mangan also led from the front with 15 disposals, 9 goals and 141 ranking points. Kyneton will be upset with their 3-point loss to Diggers Rest which is a game that got away from them in the last 5 minutes. Caleb Fisher wasn't his usual ball winning self but made himself dominant in other areas of the game with 19 disposals, 8 tackles and 5 inside 50s. Alongside him was Danny Grmusa who had 19 disposals, 9 tackles and 111 ranking points. Although the injuries are beginning to lessen for the Giants I think Kyneton will be too good here and comeback with a win off their disappointing result last week.

Prediction- Kyneton by 65 points



Two teams at opposite ends of the ladder face off in what looks to be a difficult task for the visitors. The Burra just got it done last week against Kyneton by 3 points in one of the games of the season. The victory now has the Burras well placed, and with a favourable run ahead, they'll be looking to build momentum over the coming weeks. Oleg Markov was huge for the Burra with 35 disposals, 1 goal and 153 ranking points. Alongside him was Jaidyn Caruana who is back in Bowen medal form with 32 disposals, 8 clearances and 150 ranking points.

Lancefield just can't seem to string competitive performances together in another 53-point loss last week against the Panthers. Jordan Watkins was Lancefield's best with 29 disposals, 8 clearances and 131 ranking points, and assisting him was Lancefield's probably most consistent player this season Riley Omeara with 29 disposals, 5 I50 and 118 ranking points. The tigers will be hoping to put more of a competitive performance together this week, but the Burras are flying now and have too much quality across the ground. I have diggers taking control of this easily here and securing another victory

Prediction- Diggers by 80 points



Another game here where two teams at opposite ends of the ladder face off in what looks to be a tough task for the Redbacks. Wallan are 7-0 now coming off a great win beating the cats by 20 points away from home. Chris Stewart got injured early and left the rucking duties for the day but still ranked Wallan's best with 18 disposals, 4 goals and 121 ranking points. Alongside him was Corey Viani with 21 disposals, 9 tackles and 118 ranking points. The Redbacks will be utterly disappointed with their loss against the Centrals by 6 points last week which was a game for them that many expected they would win. Nathan Blair did his best to get Romsey the four points with 29 disposals, 10 marks and 144 ranking points, Samuel Wilson also had a great game with 24 disposals, 6 I50's and 130 ranking points. While Romsey at times can show some fight, the Magpies will be too good here and cruise home to an easy victory.

Prediction- Wallan by 60 points

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RDFNL Senior Womens Football Tipping

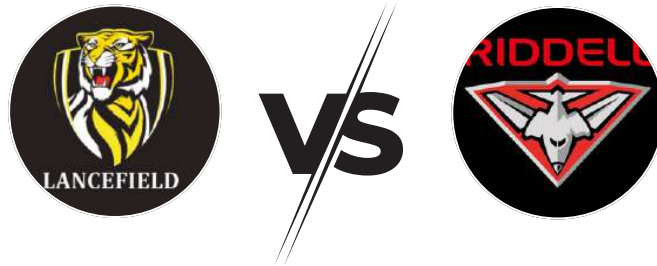
Each week throughout the 2026 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend’s senior football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

Womens Football Tipping				
NAME	Macedon vs Riddell	Lancefield vs Mt Alexander	Last Week	Total
Brenton Knott	Macedon	Lancefield	1	10
Courtney Alexander	Macedon	Lancefield	1	8
Jacqui Green	Macedon	Lancefield	1	10
Jordan Doyle	Macedon	Lancefield	2	12
Grant McMillan	Macedon	Lancefield	1	9
Tara Murray	Macedon	Lancefield	1	11
Ben Higgins	Riddell	Mt Alexander	1	11
Grace Bibby	Macedon	Lancefield	2	12
Richard Thwaites	Macedon	Lancefield	1	11



RDFNL SENIOR WOMESN RESULTS

Click the for match details and results



RDFNL SENIOR WOMESN UPCOMING TEAMLISTS

Click the for match details and results





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RUBY WATTS

171 RANKING POINTS

45 DISPOSALS

33 KICKS

12 INSIDE 50'S

12 CLEARANCES

PLAYER OF THE WEEK

DISPOSALS

ROUND SEVEN

RUBY WATTS

1 **45**



HARMONY CASSAR

21 6

TAYA KONIAS

2 **29**




MADINA NABOLE

19 7

ELLA HAYES

3 **27**




RUBY SHEPHERD

17 8

LILLY BROMLEY

4 **23**




EMILY OBRIEN

16 9

JESSICA SPROULE

5 **22**



NINNA HARBINSON

16 9



Community Bank
Gisborne



RDFNL Senior Womens Previews

By Seth Cornish



VS



VS



The third meeting between these two teams but a more competitive Mount Alexander outfit this time around in this intriguing matchup. Lancefield would have been disappointed after their 33-point loss to Macedon last week, they probably expected to be closer than what they got and they will be looking to respond in a matchup they've dominated so far this season. Harmony Cassar was huge for the Tigers with 21 disposals, 5 tackles and 104 ranking points, and alongside her was Lilly Bromley who had 23 disposals, 8 clearances and 95 ranking points as she continues to string consistent performances together. Lancefield were beaten convincingly in all facets of the game especially the contested ball where they lost the contested possession count by 35 and the groundball count by 34. They get there chance this week although to respond against Mt Alexander who will be a less competitive side than what Macedon was. Mt Alexander got their first win of the season in great news for them last week in an upset 17-point win over Riddell. Ella Hayes was unlucky to not get player of the week with her outstanding performance collecting 27 disposals, 11 clearances and 156 ranking points. Alongside her was Tamara Meehan with 8 disposals, 4 tackles and 70 ranking points. It's a great confidence booster for the Falcons where they go into a matchup this week that they haven't performed well in against the Tigers who are also coming off a loss. I think this will be a much more competitive matchup third time around between these sides, however I have Lancefield responding after last weeks performance and getting it done again against the Falcons here.

Prediction- Lancefield by 30 points

Two opposite ends of the ladder face off in what looks to be a one-sided affair. Macedon continue to show how far they are ahead of the rest of the competition beating arguably the second-best side in Lancefield last week by 33 points. Ruby watts were outstanding once again in probably one of the best games of her career with 45 disposals, 12 clearances and 171 ranking points clearly earning player of the week honours. Alongside her was Shakira Parker with 15 disposals, 4 clearances and 102 ranking points. Macedon clearly dominated Lancefield in each and every facet of the game winning the disposal count (+79) and having a 28% better disposal efficiency than them. Riddell would have been disappointed to drop that game against the Falcons last week after they had already beat them previously during the season. Jessica Sproule had a great performance for the Bombers with 22 disposals, 6 clearances and 82 ranking points and alongside her was Shai Mychal with 6 disposals, 5 tackles and 71 ranking points. Riddell clearly lost the game through the midfield battle losing the clearance count (+9) and inside 50's (+14). While we hope to see a more competitive Riddell outfit I have Macedon continuing to raise the bar and winning this game quite comfortably.

Prediction- Macedon by 80 points

TACKLE YOUR FEELINGS

‘Be a Champ’

- Tackle Your Feelings ambassador Nathan Buckley and social media larrikins the Shepmates have teamed up to create a humorous video celebrating local football club culture and encouraging players and coaches to help support the mental health of their footy mates
- Watch the video
- As part of the campaign, Tackle Your Feelings is looking to celebrate and recognise those local ‘champs’ who go above and beyond when it comes to investing in mental health
- Being referred to as a ‘champ’ is not always cast in a positive way, so Tackle Your Feelings is looking to reclaim the phrase and spin it around to celebrate these people who often don’t get the recognition they deserve with the role they play at their clubs
- We want players, coaches, committee members, support staff and umpires to be a champ and book their club in for a Tackle Your Feelings workshop
- Clubs can register for a workshop at **tyfo.tackleyourfeelings.org.au/login/**.

Adam Baldwin, Program Manager said:
 “Clubs are beginning to understand their responsibility to create an environment which supports the mental health of their players. We want clubs to prioritise mental health in the same way they currently do physical health. Tackle Your Feelings is a free program that can help clubs kick-start the development of their own mental health game plan.”

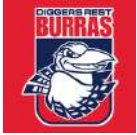
Book a @tyf_au workshop today.



What is Tackle Your Feelings?

- Tackle Your Feelings is a FREE mental health program for community football/netball clubs
- The program was formed by the AFL Coaches Association, AFL Players’ Association and Zurich Insurance in 2018 following the death of Adelaide coach Phil Walsh
- The program is delivered by a local psychologist and aims to help participants gain the tools to Understand, Recognise and Respond to signs of mental ill-health.
- The program is based on the education delivered to the AFL industry and is led by high-profile player and coach ambassadors
- Since 2019, the TYF program has been delivered to more than 10,000 participants in every Australian state and territory and it’s available to your club in 2024
- Quote from TYF ambassador Nathan Buckley: “It’s an awesome program. It’s so succinct and gives you really good strategies... it’s a really good conversation starter.”

To book a session in for your club contact **Grant McMillan via grant@rdfnl.com.au**



DIGGERS REST

Club Notes



DIGGERS REST FOOTBALL NETBALL CLUB
ACKNOWLEDGE OUR VALUED SPONSOR

CLUB
SUNBURY

WE WOULD LIKE TO THANK
THE TEAM FROM CLUB SUNBURY
FOR THE VALUABLE AND LOYAL
COMMITMENT TO OUR CLUB IN
SEASON 2026.
YOUR UNWAVERING SUPPORT IS SO
GREATLY APPRECIATED.





GISBORNE GIANTS *Club Notes*



Congratulations to our juniors who represented the RDFNL in interleague over the Kings Birthday long weekend.

Congratulations to Tate Kemp, who was awarded the Macedon Ranges Young Citizen of the Year. Tate does a lot of work in the community promoting leadership and inclusivity. Here is Tate pictured with Mayor Kendall.

We look forward to welcoming Kyneton this weekend!



GISBORNE GIANTS
Congratulations!
TO ALL OUR JUNIOR FOOTBALLERS WHO HAVE MADE INTERLEAGUE TEAMS FOR 2026

UNDER 13A BOYS <ul style="list-style-type: none"> Duke Sims Mitchell Willis Sam Wellington Samuel Russell 	UNDER 13B BOYS <ul style="list-style-type: none"> Mitchell Skehan Dylan Hannaford Angus Waites 	UNDER 13 GIRLS <ul style="list-style-type: none"> Stephanie Schwartz
UNDER 14A BOYS <ul style="list-style-type: none"> Mitchell Bugeja 	UNDER 14B BOYS <ul style="list-style-type: none"> Cooper Pierobon Ethan Patchett Henry Watson Lewis Lethbridge Patrick Shea Tanner Clark Tyler Agnew 	
UNDER 15B BOYS <ul style="list-style-type: none"> Jordan Gauci Tex Lang Tom Bourke Tom Gilmour Zane Brown 		

WELL DONE GIANTS!



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2026



KYNETON

Club Notes



Riddell District Football Netball League





Event STAGE HIRE



**As seen at all RDFNL Grand
Finals in 2025!**



LANCEFIELD

Club Notes



REVERSE RAFFLE...

One of Lancefields major fundraisers is coming up soon with our annual Reverse Raffle to be held on the night of Saturday July 18. This will be after our home game against Romsey so stick around for what is always a good night. We've kept tickets the same price as the last few years at \$65 and they are available from players or from the bar on game days. It includes free beer, wine and soft drinks with discounted mixers from 7-9pm. We'll put on a meal for the night and someone is going to take home the grand prize of \$5,000 cash!!! Don't worry if you don't scoop the 5G, on top of your food and free drinks you'll also kick back and laugh the night away with "Lancefield Karaoke!" We'll have the DJ warming up the crowd and get you singing along before you get the chance take the mic yourself and entertain the town. This could be the night you get discovered.

HALL OF FAME...

For generations, the Lancefield Football Netball Club has been home to some of the finest players our great Australian game has seen, VFL premiership players, VFA leading goalkickers, League Best & Fairest's, premiership players and more. To recognise the achievements of these players the Lancefield Football Netball Club is proud to announce that we are establishing the Lancefield Hall of Fame. The Hall of Fame will honour and celebrate the greatest players to ever wear the yellow and black over 153 years, individuals whose achievements, character and contribution to the club deserve to have a light shone on them and be remembered for generations to come.

To mark this historic occasion, the club will host an official Hall of Fame Inaugural Inductees night later this year, a gala evening celebrating the stories, achievements and legends that built the Lancefield Football Netball Club into what it is today. More details, including selection committees, dates and ticketing information will be announced in the coming weeks.



MACEDON

Club Notes



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MELTON CENTRALS

Club Notes





MELTON SOUTH

Club Notes





2026



MOUNT ALEXANDER *Club Notes*



Riddell District Football Netball League





RIDDELL Club Notes

We are stoked to announce the launch of our new and improved website, take a look today!

<https://riddell-fnc.myclubcms.com.au/football>

A place where you will find all club history, easy links to access relevant websites, full team lists and much much more!

Don't forget to save the date for all of the events on our 2026 events calendar!
[events calendar.jpg](#)

2026 EVENTS CALENDAR

2 MAY	IPOD SHUFFLE	18 JULY	LADIES DAY
8 MAY	SPORTSMAN'S DAY	18 JULY	FUNCTION
20 JUNE	FUNCTION	8 AUGUST	JUNIOR DAY
5 JULY	LAST MAN STANDING	1 AUGUST	FUNCTION
		18 SEPT	PRESENTATION

THURSDAY NIGHT PUB DINNERS AT RIDDLELLS CREEK HOTEL

7 MAY	28 MAY	25 JUNE	30 JULY
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As always, our club is nothing without our devoted sponsors, the support of these business' is what keeps our club going every year. Don't forget to pay it back and support them whenever you can, this week we feature our Platinum Sponsors for 2026!

PLATINUM SPONSORS



ROMSEY

Club Notes





WALLAN Club Notes

It was a big day at Macedon with the D Grade netballers winning their first game of the season. Then everyone enjoying a much deserved break over the King's birthday long weekend. This week, on Friday night the Club 18s play Darley at home. Then on Saturday we welcome the Romsey FNC.

It is sure to be a huge day with Stevie Bell organising the NMD socks and beanies. The Wallan Auskickers will entertain the crowd at halftime in the seniors. All of this before the day turns to night and the Wallan Pro Rodeo begins with a the mechanical bull ready for our best cowboys and cowgirls to show off their skills. Go Wallan

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WOODEND HESKET

Club Notes



Round 8 is a bye for Woodend Hesket – and while it might be strange not having a game this weekend, the break comes at a great time. Our players and coaches get a chance to rest, recover, and reset before the business end of the season ramps up.

Byes are a funny thing in footy and netball – you miss the buzz of game day, but they're important. Bodies recover, niggling injuries get some time to heal, and the coaching staff can do some deep planning for the rounds ahead.

Use this weekend to get along to another RDFNL game and support the competition, or take some well-earned time with family and friends. We'll be back bigger and better for Round 9!

THANK YOU TO OUR ROUND 8 SPONSOR – RIDGEWATER HOMES

A massive thank you to Ridgewater Homes for sponsoring Round 8! Your generous support means the world to the club. We're proud to have Ridgewater in our corner and encourage all Hawks supporters to show them some love in return. Support those who support us!

COMING UP

Round 9 – Woodend vs Melton South away. Hawks are back! Let's go!

Go Hawks!



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RDFNL TRIBUNAL RESULTS

Cameron Freake - Gisborne Giants - Striking - One Week
Harmony Cassar - Lancefield - Striking - Two Weeks
Sam Caruso - Kyneton - Striking - One Week



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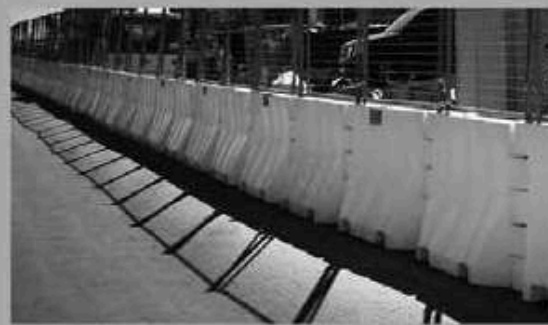
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NETBALL MANAERS REPORT

by *General Manager Operations Grace Bibby*

Do you have some athletes that may not get large amounts of court time as we enter the pointy end of the season. Maybe you're a coach of a junior competition or your kids are involved in sports and you coach them at home. Here are some tips to inspire young athletes to give their best and not grow discouraged with defeat or setbacks.

Coaching Tip # 1: Motivate through specific clear short-term goals. Large or general goals can be overwhelming, so try breaking a practice into fun, manageable goals that don't overwhelm the players.

Coaching Tip # 2: Reward attitude as much as skills. During practice, often give players goals that don't have to do with the game of basketball. For example, ask your players to give a certain number of encouragements or compliments to team members. Or challenge the team to see who can give the most high-fives in an hour. This is part of the effort to keep the team interested and enthusiastic about the opportunity to participate on an organised team and to create an understanding between winning and success. Success isn't always about winning the game but how you treat your teammates and handle yourself on the court.

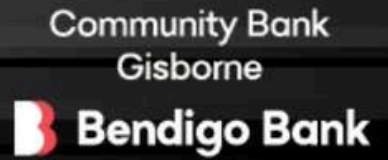
Coaching Tip # 3: Manage expectations. A player can have a self-expectation, team expectations, family expectations, coach expectations, and analytical (statistical) expectations that all influence a player's performance and demeanour. If an athlete has high expectations towards challenges, it is human nature for the athlete to do whatever it takes and give a dedicated effort in meeting and exceeding that expectation. Problem is, some players have too high expectations and feel pressured, while others

have the opposite issue – too low of expectations.

Apathy can become a hindering habit. To handle players with too-high expectations, try emphasize the fun of the sport and the mindset of "just playing," as this takes away the pressure.

Coaching Tip # 4: Be careful with criticism. For a coach to establish an effective environment it is key to build genuine relationships among team and praise athletes for doing well as much as possible. One way to create a positive atmosphere even when we must give criticism is by using the "positives sandwich" method. Try starting by giving praise, then give the correction/advice and end the point of instruction with positive feedback for constructive criticism.

Coaching Tip # 5: Emphasize the value of every player. One individual may score a goal, but we help the players understand every goal is actually a team effort. Breakdown a play to praise and acknowledge the small details that are just as important in getting that goal. Also stress that in netball there are different roles. Someone has to shoot, someone has to pass, someone has to rebound and someone has to defend. However, one common role everyone on the team has is to recognize the value of each role and be a supportive teammate. The value of teamwork can never be stressed enough. Some great takeaways for aspiring coaches at your club.



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49 GOALS

92 % ACCURACY

6 FEEDS

7 REBOUNDS

PLAYER OF THE WEEK



2026



RDFNL NETBALL RESULTS AND TEAM LISTS

Click the division for match details and team lists.

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B GRADE

19 & UNDER

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D GRADE



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RDFNL Netball Tipping

Each week throughout the 2026 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior netball matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

Netball Tipping							
NAME	Melton Centrals vs Riddell	Diggers Rest vs Lancefield	Gisborne Giants vs Kyneton	Melton South vs Woodend Heskett	Wallan vs Romsey	Last Week	Total
Brenton Knott	Riddell	Lancefield	Gisborne Giants	Woodend-Heskett	Romsey	2	27
Krissy Clement	Melton Centrals	Lancefield	Kyneton	Woodend-Heskett	Wallan	4	33
Ben Higgins	Riddell	Diggers Rest	Kyneton	Woodend-Heskett	Romsey	5	27
Tara Murray	Riddell	Lancefield	Gisborne Giants	Woodend-Heskett	Wallan	4	33
Jordan Doyle	Riddell	Lancefield	Gisborne Giants	Woodend-Heskett	Wallan	3	34
Grace Bibby	Riddell	Lancefield	Gisborne Giants	Woodend-Heskett	Wallan	4	34
Grant McMillan	Riddell	Lancefield	Gisborne Giants	Woodend-Heskett	Wallan	4	28
Courtney Alexander	Riddell	Lancefield	Gisborne Giants	Woodend-Heskett	Wallan	4	27
Richard Thwaites	Riddell	Lancefield	Gisborne Giants	Woodend-Heskett	Wallan	4	30
Lauren Nolan	Riddell	Lancefield	Kyneton	Woodend-Heskett	Romsey	4	34





RDFNL Netball Previews

By Grace Bibby



Melton Centrals found their best form prior to the bye with two impressive wins over Romsey and also Diggers Rest. Riddell also found their best form with a massive win over the more fancied Gisborne Giants.

Imogen Sexton was our player of the week in round 8 and has had a brilliant start to the year. Her athleticism is hard to match up on and for a goal attack she is scoring the large majority of the Centrals goals.

For Riddell they are just so hot in the first quarter teams cannot wear them down.

They got out to an early lead against Woodend Heskett and let it slip but they were not doing the same against Giants.

Shelby Holter is having a great season but it is not one single player. It is an even contribution from all players across every line of the court.

All the younger players are enjoying the challenge of playing A grade netball and their no fear attitude will make them a real threat come finals.

Manon Muir has spent time both in defence and in the mid court and with her skill and determination if she starts in centre we will have a great contest on our hands as Mady Brown is equally as skilled and determined.

This will be a really good test for both teams. If Riddell want to be considered a contender they need to win and if Melton Centrals want to play finals they need a win also.

Prediction: Riddell to record another hard fought close victory over Melton Centrals.

Lancefield went into the bye chock full of confidence sitting on top of the A Grade ladder. It has been a really impressive start for the Tiger this season dropping just one game.

Their defenders have been exceptional but they will be tested this week as they take on Diggers Rest without Shaid Sasalu who has once again injured her ankle.

The combination of Sasalu, Bella Colladetti and Bridget Dods has been dominant to start the year but they will need to find a replacement for the second half of the season.

For Diggers Rest their best netball is really good but they have been struggling to put four quarters together. Like Lancefield their strength is in the back half of the team and their young attackers can sometimes be inconsistent.

They are never badly beaten and if they get up and going early they are always a chance of an upset.

Maggie Payne has been instrumental and she will get the match up on Shanae Brundell. Brundell is currently coming second in the leading scorer tallies but she will hand that in for a crack at a premiership I have no doubt. She will not get many easy opportunities against Payne in fact she will earn every single goal.

Prediction: Lancefield to continue their strong form after the bye with a win that sees them retain top spot on the ladder.



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RDFNL Netball Previews

By Grace Bibby



Gisborne Giants will be disappointed with their outing against Riddell prior to the bye and would have enjoyed the additional week to fine tune some things before a crucial match up against Kyneton. Kyneton had a tough draw to start the season but have settled into their season nicely. Ellie Bird has proved she is hard to stop even when her team is losing and is the current leader of the leading goal scorer award. Laren Clymo will be the likely match up for Bird but it will mean Gisnats will need to apply plenty of pressure through the mid court to delay the ball coming in. Giants will be looking to get back on the winners list but this will not be an easy game for them

Prediction: Gisborne Giants to win in a close one.

Jessica Martin is a promising young junior who has shown plenty of promise with her limited opportunities. Where the Hawks are lacking depth is in the attacking end relying solely on Natalie McDonald and a premier goal shooter.

Prediction: Woodend Hesket will win this one comfortably.



AWallan have been there abouts all season long and this will be another game they expect to win and win well. Romsey are lacking depth this season and are struggling to compete against the higher placed teams. For Wallan they have developed a really good list over a number of seasons and are reaping the rewards with the like of Alyssa Pearce, Amanda Sua and Alannah Judd all starting to flourish. Romsey also have lots of young talent but they are a year or two behind. Elizabeth Crump, Madison Thompson are all fantastic players and will be stars to watch in the future. Maeve Donegan is crucial to Wallans success if she gets going early she is hard to stop and the rest of the team thrive when she is playing well.

Prediction: Wallan should be able to record a relatively comprehensive victory over Romsey.



Woodend Hesket will be looking to ease back into the season with a win over Melton South. It will be a good opportunity for Woodend Hesket to get some experience into their local junior players and not rely on VNL superstars.



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