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Round 1

1ST APRIL 2023



ACROSS MY DESK by Football Operations Manager Aaron McLean

Welcome to 2023!

On behalf of RDFNL Board President Brenton Knott and all members of the RDFNL Board Executive and staff, welcome to the 2023 Bendigo Bank Riddell District Football Netball League season.

Season Launch

The RDFNL Season Launch was held on Wednesday, March 29th at Melbourne Greyhounds. The room was at capacity, and it was wonderful to see all the Club representatives in attendance and so eager to get back into community football and netball.

We had a great panel on the night for the crowd to be entertained, thanks to Brian Taylor who was MC on the night and our special guests in Essendon FC former player Michael Hurley and current Melbourne Vixen Kiera Austin.

We look forward to sharing some photos from the night in next round's edition of the RDFNL Record.

What's new in 2023?

The RDFNL competition continues to grow with more teams to be involved in 2023 than last season. The RDFNL are also incredibly excited to launch the RDFNL Women's Competition which will kick off on the weekend of April 28-29th. The competition will include Kyneton, Mount Alexander, Melton, Romsey, Woodend-Hesket and Macedon.

Kyneton Juniors have joined our junior football and netball competitions and we warmly welcome them to the RDFNL and look forward to working with their committee throughout 2023 and beyond.

This season our Under 19.5's Football competition will increase to 8 teams, up from 6 in 2022. Gisborne Giants will continue with their Under 19.5's football team, and will make their debut in Senior Netball by fielding a 19 & Under team for the first time. We look forward to Gisborne Giants progress to being a fully affiliated senior club in 2024.

League Partners

A huge thank-you to the RDFNL sponsors and partners who are continuing on in their support of the League in 2023. The RDFNL are pleased to announce Bendigo Bank as the Major Sponsor once again. Bendigo Bank are a great fit for our league and have local branches in Gisborne, Romsey, Lancefield and Kyneton so please don't hesitate to visit for your banking needs. Our longest partner Melton Toyota are on board again in 2023 and we thank Grant Harrison and his team for their continued support. We welcome aboard new partners Rookie Me, Premier Data and Macedon Ranges

Driving School. To our other returning sponsors in Adcell, Action Forklift Training, Buffalo Sports, D & M Craftline, Dome Security, Gisborne Landscaping, Greater Western Water, Loco Sports, OnTime Delivery Solutions, Melbourne Greyhounds, Rent-A-Fence, Ring Road Trophies, Routley's Bakery, Sherrin, StarSub, SuperSport Images, TabCorp Park, Team Staffing and Victor Sports. We could not run the RDFNL without the support of these local businesses so please show your support to these companies that so generously support our League.

These new sponsorships have helped the League break its sponsorship amount record and have assisted in reducing the costs for our Clubs which we are ever so thankful for. The team at RDFNL HQ and the RDFNL Board will continue to source these partnerships to assist our Clubs and their bottom line.

The RDFNL is excited by our investments over the off-season in 2 products to support coaches and clubs. The RDFNL have purchased premium licences from Rookie Me to support every coach in the RDFNL, juniors and seniors. Coaches were provided an onboarding session last week to show off the exciting features that are available to every RDFNL coach in 2023.

The RDFNL have also invested with Premier Data, who are a statistics company and will be coding each Senior Mens and Senior Womens game and providing statistics packages to each club. Keep a look out on our social media for the statistics each week.

Riddell Umpires

I'd like to thank Addam Icely, David Hill and the Riddell Umpires Association for their support of the RDFNL. The umpires have been working hard to recruit over the off-season and we are very much looking forward to working with the Riddell Umpires Association again in 2023. If you're interested in umpiring or seeking more information please go to www.riddellumpires.com.au

Round 1

Congratulations to the Western Rams for their initiative in organizing a huge stand-alone match vs Melton Centrals on April 1st and involving former Brownlow Medalist Dane Swan. I'm looking forward to seeing a huge crowd at Ian Cowie Reserve.

Best of luck to all of our nine Senior Clubs and fifteen Junior Clubs on Round 1 this weekend.

Aaron McLean
Football Operations
Manager

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1



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ROUND 1 RDFNL PREVIEWS

with Grace Bibby

Round 1

Western Rams versus Melton Centrals

This is going to be a show down of two of our improving teams. Both have made some big changes in their off season with new coaches and a host of new recruits. Leigh Sporle takes over from Marty Weaver and with the help of Dane Swan in their colours there is plenty of excitement around their first game. Matt Sproule returns to Melton Centrals with unfinished business and despite coming from a long way back he is also positive about the direction they are heading.

From the Coaches:

Western Rams: I have been really happy, our numbers have been great and the boys have responded well to all our coaches who have been terrific with the work they have done to make sure our team is ready. There is a great culture around the club and with 40 new recruits I am impressed they have all formed great bonds. Swanny is a ripper and from all our conversations he just wants to help the club out. We have been well supported by the club, Melton Centrals and the league with this day and there has been a lot of work in the lead up. Hopefully get a big crowd and play an exciting brand of football. I'd also like to acknowledge the passing of my friend Ron Lalli-Caffini who I played with at Sunbury and who also helped me during my time as coach at the Rams.

Melton Centrals: Since I have returned to the club it really has been super. There is probably only 8 or 9 guys that are here that I haven't coached before. We have included some fantastic players but also some great people around the club this season so we are excited to get things started. We have got a few more options up forward this year which is something we have lacked previously. Hopefully we can get a full-strength team on the park and give it a good crack. It will be a big occasion. Credit to Rams for trying something different. Having Swanny play is exciting for everyone. We have a young kid that is exciting at the opportunity of playing on a legend of the game.

Players to watch

Western Rams: Dane Swan is a former star of the AFL and is a much-loved character of football. He will add plenty of excitement and while he isn't as young as he was all those years ago lighting up the MCG we are sure he still has elite skills and goal sense.

Melton Centrals: Brothers Jacob Thornton-Gielen and William Thornton-Gielen have already had a huge influence on the young Centrals group. We can expect big things from them both come game time.

Prediction: This is like a grand final for the Rams, a big occasion against a club they have genuinely belief against. For the first time in almost seven years, they will take the four points.

Romsey versus Wallan

It has been a tough week or so for the Wallan boys and they will be looking to put their best foot forward in their round one trip to Romsey.

Daniel Nolan was disappointed with their finish last season and will be hoping to rectify their deficiencies this time around.

Justin Sherman joins Romsey on a one-year coaching deal and is excited by the buy in he has got from the playing group.

With six months of hard work under their belt they are eager to test themselves against one of the leagues best in their opening encounter.

From the Coaches:

Romsey: I am loving every minute of being at Romsey. The club have been really welcoming and I feel we are in a good position to be super competitive this season. I want to keep it really simple and make sure we are prepared to roll up our sleeves and do the work. Football seasons are a long campaign. We want to be able to play a high-pressure game and create turn overs. The teams that can do that and sustain it for four quarters generally come out on top. The question will be can we hold the footy and manipulate the game on our terms. We are not listening to the outside noise. We are up for a big challenge and we look forward to it.

Wallan: The preparation for our club was really going well and everyone was excited about round one. Unfortunately, the passing of a close mate has rocked our group. It is a difficult period and preparation for everyone now. We are a new team, with plenty of youth, speed and an attacking style of football. At times we may be unpredictable but it will be exciting to watch.

Players to watch

Romsey: The leadership group of Nathan Blair, Jack Jedwab and Matt Burkett have not missed a beat at training and will be ready to fire come round one.

Wallan: Jake Layley is on track for a big season and has impressed his coach in the off season.

Prediction: Wallan to win in a close, hard-fought battle.

Diggers Rest versus Woodend-Hesket

Diggers Rest would have endured a long preseason following their loss to Riddell in the senior grand final last year but an opportunity to put that behind them comes at the start of the season.

It is no secret they have put a strong list together with the inclusion of several talented players but the club to rival their off season is Woodend.

With two improved outfits and two returning coaches this should be a cracking game early in the season. Woodend will have the benefit of already having played an RDFNL match on Good Friday.

From the Coaches:

Diggers Rest: We will look a bit different this year with quite a few new faces around the club. We think we have got some speed now which will compliment our more experienced players. We have put a focus on being a team that is hard to play against over the off season. We don't want to limit ourselves so we have got plenty of players who can play a



ROUND 1 RDFNL PREVIEWS

with Grace Bibby

number of roles across many positions. It is easy to have a strong list of players but everyone still needs to be able to play together.

We are just excited to be back playing football.

Woodend-Hesket: It is really tough start for us coming against Riddell on Good Friday and then Diggers Rest in round one. We have been really happy with our preseason. We have had two good practice matches where we have identified areas to work on and we are happy with how the new group is coming together.

We know Diggers have recruited pretty well and we just hope we can get our best team out on the park and see what happens.

Players to watch

Diggers Rest: Mark Orr is an agile ruck man who will be a beast around stoppages for the Burra boys.

Woodend-Hesket: Taylor Kelly returns to the club and will add some polish to Hawks back 6. He is versatile and can play on a variety of forwards.

Prediction: Diggers Rest to start their season with a win.

Riddell versus Macedon

Riddell will host Macedon for the PUKA Up Cup game this season. It is a game that is close to the hearts of a lot of people involved.

These two clubs play their best football on big occasions and this will be no different.

From the Coaches:

Riddell: It is really hard to know where everyone is at until you played each team once. We always have really good battles with Macedon. They try and lock the game down and we like to get out an run. I am a pretty simple man and our game plan is pretty simple. But we always want to be attacking if you can kick a big score, it is a lot easier to defend.

Macedon: We are excited for the season and Round 1 at Riddell for the Puka Up Cup. There is always plenty of unknown at the start of a new season so we will encourage our players to play the way they have trained over the summer and be confident that our ID will win us games. We have recruited more players than in any other year I can remember which is a massive show of faith in our environment. We have a good mix of experience, youth and role players with those arriving and I have enjoyed the way they have embraced by the club and are comfortable with their decision to make a change as it is never easy. We did lose a number of fantastic people in 2022 so it was important to reenergize and refresh the list.

Players to watch

Riddell: Haydn Ross returns to Riddell for the season and will help fill the void of Edwards who was a standout player last year.

Macedon: Jason Cooke has been elevated to captain this year and will be wanting a strong showing of form to kick start his campaign.

Prediction: Riddell to be too strong.

Round 3

Woodend-Hesket versus Riddell

This round three contest has been moved forward to Good Friday and will be our second senior football game of the year.

Woodend Hesket are a team that have recruited well and only just missed out on finals last year.

Riddell will need to play their best football or this game might go down to the wire.

It is a good opportunity for both clubs to play a stand-alone game on Good Friday and the league are excited to be able to bring the game to fruition.

From the Coaches:

Woodend-Hesket: We think last year we were up there with our effort and competitive edge but we lacked finesse. The new players we bring back this year are highly effective users so we should be able to execute a little bit better. Riddell are no doubt a very good team and coming up against the grand finalist of last year in our first two matches is a challenge we are looking forward to. Paul Kennedy is helping me out and we feel like he has a great understanding of not just football but specifically RDFNL football. He will be a big help for me when it comes to opposition analysis.

Riddell: We really built into last season where as this season I think we have done a lot more work to be much fitter. We have some good juniors coming through and haven't had to go out looking or buying players. We have had the taste of success now and it is motivating the young group to keep pushing forward.

Players to watch

Woodend-Hesket: Tom Gawthrop is joining the leadership group this season and will be looking to start his season strongly.

Riddell: Darcy McGrath and Harry Sloss will play more of a role in the senior team this season after a handful of games last season.

Prediction: Riddell to continue their winning form from last season and start 2023 with an Easter win.



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FOOTY TIPPING 2023

Each week throughout the 2023 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

NAME	Western Rams v Melton Centrals	Romsey v Wallan	Riddell v Macedon	Diggers Rest v Woodend-Hesket	Woodend-Hesket v Riddell	Last Week	Season
Brenton Knott RDFNL President	Western Rams	Romsey	Riddell	Diggers Rest	Riddell		
Sarah Barton Bendigo Bank	Melton Centrals	Romsey	Riddell	Diggers Rest	Woodend-Hesket		
Terry Kernan Ontime Delivery Solutions	Melton Centrals	Wallan	Macedon	Diggers Rest	Riddell		
Brian McNabb Melton Toyota	Melton Centrals	Wallan	Riddell	Diggers Rest	Riddell		
Jordan Doyle RDFNL CEO	Melton Centrals	Romsey	Riddell	Diggers Rest	Riddell		
Aaron McLean RDFNL Footy Ops	Melton Centrals	Wallan	Riddell	Diggers Rest	Woodend-Hesket		
Grant McMillan AFL Victoria	Melton Centrals	Romsey	Riddell	Diggers Rest	Riddell		
Tara Murray Star Weekly	Western Rams	Wallan	Riddell	Diggers Rest	Riddell		
Ben Higgins Leader	Melton Centrals	Romsey	Riddell	Diggers Rest	Woodend-Hesket		
Grace Bibby RDFNL Media & Netball	Western Rams	Romsey	Riddell	Diggers Rest	Riddell		
Tara Nolan RDFNL Admin	Western Rams	Wallan	Riddell	Diggers Rest	Riddell		

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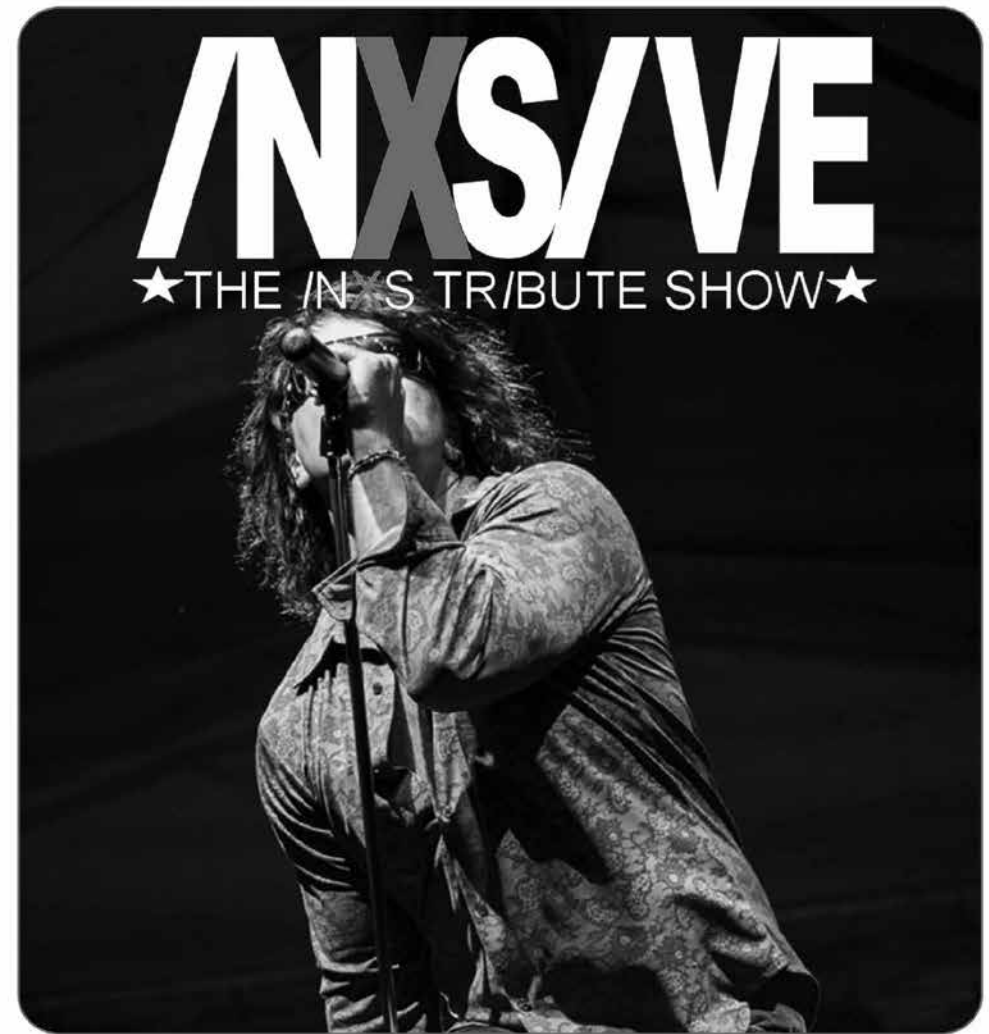


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RDFNL TRIBUNAL RESULTS

Brandyn MacDougall (Wallan) has served 2 of his 4 matches for intentionally or carelessly striking another person.

Brandyn MacDougall (Wallan) has been suspended for 2 matches for breaching the AFL National Social Media Engagement Policy.

Joel Podolzak (Riddell) has served 1 of his 2 matches for intentionally or carelessly striking another person. Joel will be eligible to play against Macedon.

TACKLE YOUR FEELINGS



Essendon are partnering with the Tackle Your Feelings (TYF) program to make mental health training available to community coaches, in 2022. Tackle Your Feelings is a free mental health training program for community AFL coaches, as well as committee members and other club support staff. The program is delivered by a local psychologist and aims to help participants gain the tools to Understand, Recognise and Respond to signs of mental ill-health in their players. In 2021, the program was delivered to more than 4000 community coaches from 352 clubs across every Australian state and territory. 'Tackle your Feelings' was inspired by mental health education developed for AFL professional coaches and players, consisting of a face-to-face presentation from a local psychologist and additional online learning. Ambassadors include Leon Cameron, Alastair Clarkson, Nathan Buckley, Neville Jetta, Kara Antonio and Dylan Buckley also feature throughout

the video content within the program. The program was formed by the AFL Coaches Association, AFL Players' Association and Zurich Insurance in 2018, after the tragic death of Adelaide coach Phil Walsh three years earlier.

How your club can get involved

Tackle Your Feelings is a free program and is available to your club in 2022.

Once coaches complete the training (workshop and online modules) they will have access to resources including blogs, podcasts and videos to assist with their ongoing learning. Participating clubs are eligible for the Tackle Your Feelings rewards program, which includes footballs, equipment and access to program ambassadors.

If your club wishes to get involved, please register your interest by contacting sabdilla@essendonfc.com.au





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WESTERN RAMS FOOTBALL NETBALL CLUB

Club Notes

It's an exciting year ahead for the Rams with quite the revamp over the past few months. With a new committee and incoming President Helena Gonebale and Vice-President Stephan Lalli-cafini at the helm things are looking positive for the 2023 campaign.

With back to back wins in the pre-season for returning Head coach Leighroy Sporle the football program is looking stronger than its been in sometime. The addition of Fitzroy Greenwool to the program brings an exciting new energy and with a solid performance in the pre-season, Ricky Cameron is looking to have a great year ahead. Numbers at training have tripled compared to other years so we are hopeful for a few good wins this year.

On the netball courts, with Head Coach Deepak Patu returning to challenge for more premierships, bringing new talent to the club things are looking promising for the ladies in their 2023 campaign. With Elisa Butterworth-Gonebale returning to A-grade

after last years League 'Rising Star Award' we expect a strong mid court presence and with Malia Seumanutafa already showing great form in the VNL the Rams are excited for the year ahead. The under 19s are also in preparation to defend their 2022 flag, with a number of new upcoming stars we are looking forward to seeing what's in store for our youngsters.

Rams remain focused on the task at hand and with Round 1 looming all eyes are on Round 1 against Melton Centrals. With Dane Swan joining us for our stand alone match it's certainly a day not to be missed! We look forward to seeing our league colleagues join us for a day a great football and netball and a night of fun!

Western Rams want to acknowledge all the new and returning club and player sponsors for the 2023 for jumping on board as we know none of this is possible without them. A special mention to Hotel 520 jumping on board as a major sponsor this year at the Rams.

SPONSORS



MELTON CENTRALS FOOTBALL NETBALL CLUB

Club Notes

FROM THE PRESIDENT

Welcome to Season 2023, Centrals are looking forward to Season 2023 with both Football and Netball working extremely hard during the off season. Would like to thank all of the members and coaches that have spent the off season getting the club into the best position for a successful 2023. Welcome to all of our new recruits and their families and welcome back to all our returning players, members and supporters.

A big Thank you to all our long term and new sponsors for their support. Centrals have some exciting initiatives in Season 2023 that will benefit all our Sponsors, players, members and supporters. Looking forward to a successful 2023 and Round 1 against the Rams.

NETBALL NOTES

Let me start with welcoming Sue Phillips and Taylor-Jane Pereira to our coaching group. Sue and Taylor will take charge of the C and 19's grades. These two wonderful ladies also have other duties Taylor is our fitness guru

and Sue the huge task of being our netball coordinator. We're certainly looking forward to the 2023 season with 9-10 new players throughout the club. A grade is looking good to date, same personnel, but in different positions, with the only loss being Matilda Lethlean. Tara Phillips is another player missing, but hasn't left, but recovering from knee surgery. Our A graders have learnt a lot over the past two seasons and while still very young the time has come to stop using age as an excuse and produce what I believe is a very capable outfit. With very good additions in Mariah Vankerivoort and Avana Hobson and we're still in the hunt for a GS / GK. B grade will again be strong with the addition of Trinity Carrol and Maddie Stewart, allowing us to try some different combos there as well. C grade is very much a new team with 6 new players, so a huge task for Sue and Taylor. 19's also has a 1/3 of the team new, so with these 2 teams it may take a couple of weeks to gel and for Sue and Taylor to work out the best combinations. Bring on 2023

SPONSORS





WESTERN RAMS FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Leighroy Sporle
Reserves Coach: Michael Walsh
Under 19.5 Coach:

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV
1 Fitzroy Greenwood		27 Anthony Close	
2 Ashley Gray		28 Jake Meires	
3 Bo James		29 James Fareilly	
4 Quintien Shandley		30 Kade Sexton	
5 Peter Boyd		31 Anthony Yakai	
6 Ryan Tyson		32 Rayden Yob	
7 Harley Cameron		33 Zach Meiers	
8 Tyson Szkudlarski		34 Sean Hoskins	
9 Dean Galea		35 Nathan Xerri	
10 Ethan Boylan		36 Saxon Woodroffe	
11 Ricky Cameron		37 Bailey Rhodes	
12 Gordon Chruchill		38 James De Blasi	
13 Charlie Patullo		39 Hayden Hunt	
14 Chris Arnold		40 Tim Fisher	
15 Anthony Bowyer		41 Brent Taylor	
16 Cain Shaw		42 Mitchell Withers	
17 Stephan Lalli-Caffini		43 Mitchell Seath	
18 Corey Goforth		44 Tristan Van Delft	
19 Geoff Jolly		45 Brandon Watts	
20 Michael Motta		46 Liam Mcgarity	
21 Matthew Voigt		47 Ryan Dorling	
22 Shaun Griffiths		48 Kaide Manning	
23 Mark Lalli-Caffini		49 James Preist	
24 Laughie Orr		50 Josh Casey	
25 Terrance Dawson		51 Kayne Teeken	
26 Adam McDonald		52 Brandon Devlin	

NETBALL

A Grade Coach: Deepak Patu, Mon Poliko
B Grade Coach: Deepak Patu, Mon Poliko
C Grade Coach: Mon Poliko, Deepak Patu
19 & U Coach: Mon Poliko, Deepak Patu

U/19.5

No. PLAYER	PPV	No. PLAYER	PPV
53 Luke Roberts			
54 Beau Williams			
55 Luke McLaughlin			
56 Christian Azzopardi			
57 Jamie Austin			
58 Nik Gillie			
59 Brad McNamara			
60 Jack Wilson			
61 Ash O'Neill			
62 Lochie White			
63 Hayden Wilson			
64 Teddy Gerbru			
65 Dylan Azzopardi			
66 David Scholes			
67 Jordan James			
68 Michael Walsh			
69 Daniel Sapulovic			
70 William Tyquinn			

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Malia Seumanutafa	GS	Miranda Budde	GS	Jessica Christie	GS	Helen Aumua
GA	Sanita To'o	GA	Nadia Aumua	GA	Stevie Gray	GA	Jaeda Utoasega
WA	Nyibal Akec	WA	Christina Mamaia	WA	Chervonne Katipa-maikuku	WA	Nikita-jaye Faoa
C	Ashlee Bertocci	C	Hannah Ramsey	C	Toni Gray	C	Elsa Butterworth Gonebale
WD	Lucia Fauonuku	WD	Marie Bolitho	WD	Bishanpreet Kaur	WD	Honor Brodie
GD	Aleisha Tainui	GD	Jessica Lenehan	GD	Sara Tangarao	GD	Tyra Gray
GK	Sanonu Robertson	GK	Ahyss Williams otutaha	GK	Christina Afoa	GK	Florina Lam-peresetene
Sub	Beyonce Palavi	Sub	Keely-Shayla Teariki	Sub	Ro Paulo	Sub	Miranda Budde
Sub	Elsa Butterworth-Gonebale	Sub	Jada Paasi	Sub	Stacey Radbron	Sub	Brooke Lofe
Sub	Te Pono Aukaha			Sub	Lagi Faale	Sub	Hannah Ramsey
				Sub		Sub	Bishanpreet kaur
				Sub		Sub	Teshana Munro

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				



MELTON CENTRALS FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Matthew Sproule
Reserves Coach: Shannon Dean
Under 19.5 Coach: Kayne Mason

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV
2 Jake Charge		16 Evan Donoghue	
3 Jarrod Spry		17 Dylan Clarke	
4 Jared Scott		18 Jarrod Underwood	
5 Connor Charge		19 Jarrod Johns	
6 John Ferri		20 Kyle Rodgers	
8 Jake Armistead		21 Will Thornton Gielen	
9 Jay Culhane		22 Jake Sygidus	
10 Hayden Graf		23 Jacob Thornton Gielen	
11 Kirk Fenton		24 Dylan Jobson	
12 Sam Apineru		25 Jordan Lindsay	
13 Hayden Payne		26 Matthew Eberle	
14 Hayden Sproule		27 James Roberts	
15 Jacob Sinclair		28 Adam Tomac	

NETBALL

A Grade Coach: Randy Pereira
B Grade Coach: Randy Pereira
C Grade Coach: Taylor Pereira, Sue Phillips
19 & U Coach: Taylor Pereira, Sue Phillips

U/19.5

No. PLAYER	PPV	No. PLAYER	PPV
29 Joshua Spry			
32 Brodie Butt			
33 Peter Akech			
34 Arieke Lual			
35 Paul McNamara			
38 Thomas Unterderben			
41 David Aleksov			
52 Travis Stark			
69 Justin Aiulu			

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Avana Hobson	GS	Jessica Clayton	GS	Natasha Lacey	GS	Giselle Puru
GA	Emma Winzar	GA	Rebecca Morabito	GA	Tahlia Lee McCauley	GA	Livinia Walsh
WA	Lauren Creed	WA	Abbey Grant	WA	Lisa Drake	WA	Mackenzie Payne
C	Mariah Vankerkevoort	C	Emily Mitchiner	C	Chelsea Lapsley	C	Chelsea Pivk
WD	Faith Malasia	WD	Sarah Moghazy	WD	Kiera Evans	WD	HollyRose Te Maro
GD	Hayley Hill	GD	Kara Zwartveen	GD	Marce Penne	GD	Presley Johns
GK	Romina Barbutto	GK	Natalie Roberts	GK	Briah Mackay	GK	Atiana Nui
		Sub	Trinity Carroll	Sub	Naomi Klaassen	Sub	Tehana Aitu
		Sub	Madai Stewart	Sub	Taegan Moore		
				Sub	Ashlee Cochrane		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

WOODEND-HESKET FOOTBALL NETBALL CLUB*Club Notes*

2023 promises to be a big season at the nest. Our first Senior Women's football side takes the park thank you to the team at Chinka Steel for coming on board to be our women's football major sponsor.

Netball will be led by Kellie at Meg Grbac again - the A graders are hoping to go one step further than last year after being our first A grand finalist, all teams look well-placed to be finalists in 2023.

Football Andy and Josh have had a great preseason many new players

in the mix great to welcome back a few locals with Taylor Kelly, Ethan Minns, and Daniel Toman returning to the club. Bit of a freshen-up on the coaching side with Paul Kennedy coming across for Romsey to assist Poundy, Rob Styles, and Matt Spiteri leading the reserves.

Great way to kick off the season by hosting football reigning premier Riddell at the nest. Thanks to Raine and Horne for sponsoring the day!

Bring on season 2023

SPONSORS**RIDDELL FOOTBALL NETBALL CLUB***Club Notes***SPONSORS**



WOODEND-HESKET FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach:

Reserves Coach:

Under 19.5 Coach:

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV
1 Dean Bramley		22 Frank Fazzolari	
2 Harley Giddings		23 Ethan Gove	
3 Jack Arceri		24 James Hicks	
4 Tyson Chapman		25 Josh Pound	
5 Tom Gawthrop		26 marcus Stapleton	
6 James Wiseman		27 Tayte Pears	
7 Daniel Toman		28 Justin Rodda	
8 Miles Miranda		29 Amos Ward	
9 Rupert Miranda		30 Caleb Dumper	
9 Tom O'Loughlin		31 Ben Toman	
10 Sam Medland		33 Nathan Stephens	
11 Tim Martin		36 Lachlan Randle-Hewitt	
11 Max Ambler		39 Ethan Rowe	
12 Taylor Kelly		41 Jacob Stewart	
14 Tobl Duff Tylter		42 Daniel Harrison	
15 Riley patterson		43 Harrison Rowe	
16 Jesse Sheppard		44 Ethan Minns	
17 Jayden Bullard		46 Josh Styles	
18 Luke Bourke		47 James Chettle	
19 Tom Pound		49 Cody Bowen	
20 Alister Rae		52 Aaron Cerone	
21 Kyle Baker		53 Jake Borg	

NETBALL

A Grade Coach: Meg Grbac

B Grade Coach: Kellie Duff

C Grade Coach: Anne-Louise Lindner

19 & U Coach: Sarah Duff, Kellie Duff

U/19.5

No. PLAYER	PPV	No. PLAYER	PPV
56 Kieran Haddad		1 Xavier Tadd	
58 Oscar Ziolkowski		2 Monte White	
62 Jordan Matthews		3 Brody Plant	
76 Paul Podbury		4 Jobe Dowling	
		5 Hayden Ryan	
		6 Mackenzie Shanahan	
		7 Diesel Lewis	
		8 Riley Ferguson	
		9 Hamish McDonald	
		10 Nic Johnson	
		11 Jack Tadd	
		12 Ben Sangali	
		13 Louis Mitcheener	
		14 Saxon Gardener	
		17 Oscar Macfarlane	
		21 James McGrath	
		22 Caolan Templeton	
		23 Mac Forbes	
		24 Brayden Farrugia	
		25 Stefan Pondelljak	
		26 James Hargrave	
		28 Jackson Cornish	
		30 Austin Lidgerwood	
		33 Brody Brown	
		35 Matthew Johnson	

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Matilda Lethlean	GS	Daphne Piper	GS	Emily Lindner	GS	Hannah Dwyer
GA	Charlee Duff-Tylter	GA	Rebecca Carland	GA	Courtney Chettle	GA	Lexie Ball
WA	Laura Carland	WA	Chloe Galakos	WA	Lia McQualter	WA	Monique Hassett
C	Mackenzie Brown	C	Amy Duff	C	Sophie Conlan	C	Ruby Robinson
WD	Hayley Rogers	WD	Jessica Martin	WD	Chelsey Jones	WD	Angelique Doherty
GD	Tayissa Coppinger	GD	Alex Harriman	GD	Karl Plowman	GD	Jessica Martin
GK	Meg Grbac	GK	Eliza Bell	GK	Melissa Rundle	GK	Prue Higgins
Sub	Brooklyn Leahy	Sub	Zoe Phillips	Sub	Louise Marendaz	Sub	Georgia Fitt
Sub	Abby Gilmore	Sub	Brittany Bowen	Sub	April Sims	Sub	Maddy Randle
Sub	Alex Harriman	Sub	Emily Barbour	Sub	Nicole Chappell	Sub	Charlotte Zan
Sub	Rebecca Carland			Sub	Abbey Dawkins	Sub	Coco Porter

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				



RIDDELL FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Justin Belleville

Reserves Coach: Adrian Keltie

Under 19.5 Coach: Darren Ponton

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV
1 Ben Sonogan	1	19 Hayden Ross	1
2 Ben Said	2	20 Bryce Williamson	1
3 Matt Panoochio	1	21 Darcy McGrath	1
4 Dylan Tarczon (VC)	1	22 Jordan Reardon	1
5 Trent Stead	3	23 Oscar Besanko	1
6 Joshua Grabham (C)	2	24 Nicholas Bovezza	1
8 Tommy Alkemade	1	25 Tom Belleville	1
9 Mark Cadman (Res)	1	26 Harrison Sloss	1
10 Jarryd Gardiner	1	28 Brodie Miller	1
11 Matthew Said	1	29 Taylor Jackson	4
12 Brad Mundy	4	30 Jordan Williamson	2
13 Callum Williamson	2	31 Max Webb	1
13 Nic May (Res)	1	32 Michael Sammut	1
14 Lachy Tarczon	3	33 Toby Hazelden	1
15 Jesse Horton	1	34 Rhys Hannan	1
17 Nathan Croft	1	35 Jack Morganti	1

NETBALL

A Grade Coach:

B Grade Coach:

C Grade Coach:

19 & U Coach:

U/19.5

No. PLAYER	PPV	No. PLAYER	PPV
36 Joshua Lanyon	2	1 Darcy Ryan	
37 Travis Martin	1	2 Hugh Tighe	
39 Thomas Eiszele	1	3 Reuben Evans	
40 Paolo Sosich	1	4 Declan Nitz	
41 Nathan Mills	1	5 Joel Podolzak	
43 Brad Collins	1	6 Logan Murray	
45 Guy Cilauo	1	7 Jay Doolan	
48 Jay Dmonte - Moloney	1	8 Kane Frew	
50 Riley Fogarty	1	9 Matthew Vosper	
51 Shaun McAndrew	1	10 Mitchell Ponton	
55 Ailin Clarke	1	12 Jackson Wadden	
		13 Oscar Besanko	
		14 Daniel Ranieri	
		15 Charlie Young	
		16 Daniel Bailey	
		17 Hugh Tighe	
		18 Jesse Dowson	
		19 Jarryd Apps	
		22 Jarryd Apps	
		28 Edward Salopayevs	
		24 Bailey Goodman	
		26 Harrison Sloss	

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS		GS		GS		GS	
GA		GA		GA		GA	
WA		WA		WA		WA	
C		C		C		C	
WD		WD		WD		WD	
GD		GD		GD		GD	
GK		GK		GK		GK	
Sub		Sub		Sub		Sub	
Sub		Sub		Sub		Sub	

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

LANCEFIELD FOOTBALL NETBALL CLUB*Club Notes*

CLUB NOTES

NOT PROVIDED

SPONSORS**MACEDON FOOTBALL NETBALL CLUB***Club Notes*

Round 1 sees the Cats take on reigning Premiers Riddell in the annual 'Puka Up' Cup. There is no doubt the competition will be fierce - whether on the football field or on the netball court - but as we know, this annual encounter is more than a game.

It's our chance to promote mental health and well-being, using this day as a vehicle to encourage those struggling with their mental health to speak up.

EVENTS

SEASON LAUNCH
1 April @
Tony Clarke Reserve
Macedon

We will be hosting Heathcote FNC in a practice match across both Football and Netball.

We will have a BBQ running along with the Canteen and cash bar for beverages.

There will be a jumping castle and other fun activities for the kids.

Games will commence at 11 am with Reserves / U19 Football and C grade / Under 19 Netball.

Calcutta auction to begin at 5 pm in the Clubrooms with entertainment and dinner to follow.

Looking forward to seeing you there!



Corporate Golf Day
Friday 14th April

Gisborne Golf Course 25 Daly Street Gisborne

4 person Ambrose Event

7.45am Registration/Breakfast/Briefing

8.30am Shotgun start

Men's/Women's most welcome

\$400 per team (Breakfast & Lunch included)

Post-lunch talk by former AFL player Mark Eustice who is an advocate of the pitfalls of sport and the pathway to good mental health.

Contact: Bevan Uren - Secretary MFNC - 0467017350

EMAIL YOUR ENTRY: secretary@macedoncats.com.

**Women's Football Team**

Macedon Cats have entered their first Women's Football Team in the inaugural

RDFNL women's competition. There is still time to get involved! For all enquires contact Tamara 0411 017 185 tamaracollins8@bigpond.com

SPONSORS

RDFNL 2023 FIXTURE

ROUND 1

Saturday 1 April

Western Rams Melton Centrals

Saturday 15 April

Romsey Wallan
 Riddell Macedon
 Diggers Rest Woodend-Hesket
 Lancefield BYE

ROUND 2

Saturday 22 April

Riddell Western Rams
 Melton Centrals Wallan
 Woodend-Hesket Lancefield (N)

ANZAC Day - Tuesday 25 April

Macedon Diggers Rest
 Romsey BYE

ROUND 3

Good Friday - Friday 7 April

Woodend-Hesket Riddell

Saturday 29 April

Diggers Rest Lancefield
 Melton Centrals Romsey
 Wallan Western Rams
 Macedon BYE

ROUND 4

Saturday 6 May

Lancefield Melton Centrals
 Romsey Riddell
 Macedon Wallan
 Western Rams Woodend-Hesket
 Diggers Rest BYE

ROUND 5

Saturday 13 May

Lancefield Macedon (T)
 Riddell Diggers Rest
 Western Rams Romsey
 Woodend-Hesket Melton Centrals
 Wallan BYE

ROUND 6

Saturday 20 May

Diggers Rest Western Rams
 Romsey Woodend-Hesket
 Wallan Lancefield
 Melton Centrals Macedon
 Riddell BYE

ROUND 7

Saturday 27 May

Lancefield Romsey
 Wallan Diggers Rest
 Macedon Woodend-Hesket
 Melton Centrals Riddell
 Western Rams BYE

ROUND 8

Saturday 3 June

Woodend-Hesket Wallan
 Romsey Diggers Rest
 Western Rams Macedon
 Riddell Lancefield
 Melton Centrals BYE

BYE - KINGS BIRTHDAY

ROUND 9

Saturday 17 June

Diggers Rest Melton Centrals
 Lancefield Western Rams
 Macedon Romsey
 Wallan Riddell
 Woodend-Hesket BYE

ROUND 10

Saturday 24 June

Melton Centrals Lancefield
 Wallan Romsey
 Western Rams Riddell
 Woodend-Hesket Diggers Rest
 Macedon BYE

RDFNL 2023 FIXTURE

ROUND 11

Saturday 1 July

Wallan Macedon
 Riddell Woodend-Hesket
 Lancefield Diggers Rest
 Melton Centrals Western Rams
 Romsey BYE

ROUND 12

Saturday 8 July

Western Rams Wallan
 Romsey Melton Centrals
 Macedon Riddell
 Lancefield Woodend-Hesket
 Diggers Rest BYE

ROUND 13

Saturday 15 July

Wallan Melton Centrals
 Woodend-Hesket Western Rams
 Diggers Rest Macedon
 Riddell Romsey
 Lancefield BYE

ROUND 14

Saturday 22 July

Diggers Rest Wallan
 Melton Centrals Woodend-Hesket
 Macedon Lancefield
 Romsey Western Rams
 Riddell BYE

ROUND 15

Saturday 29 July

Diggers Rest Riddell
 Macedon Melton Centrals
 Western Rams Lancefield
 Woodend-Hesket Romsey
 Wallan BYE

ROUND 16

Saturday 5 August

Lancefield Wallan
 Riddell Melton Centrals
 Romsey Macedon
 Western Rams Diggers Rest
 Woodend-Hesket BYE

ROUND 17

Saturday 12 August

Diggers Rest Romsey
 Lancefield Riddell
 Macedon Western Rams
 Wallan Woodend-Hesket
 Melton Centrals BYE

ROUND 18

Saturday 19 August

Melton Centrals Diggers Rest
 Riddell Wallan
 Romsey Lancefield
 Woodend-Hesket Macedon
 Western Rams BYE

Finals Week 1

Saturday 26 August

Qualifying Final

Sunday 27 August

Elimination Final

Finals Week 2

Saturday 2 September

Semi Final 1

Sunday 3 September

Semi Final 2

Finals Week 3

Saturday 9 September

Preliminary Final

Finals Week 4

Sunday 17 September

Grand Final



LANCEFIELD FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Tim Bannan

Reserves Coach: Nathan Scott

Under 19.5 Coach: Lucas Jowett

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 Tom Waters	1	19 Leroy Ristevski	1	37 Xander Brown	1	2 Darcy Giles	
2 Ben Bryant	1	20 Ollie Extra	2	38 Chris Collins	1	3 Harry Beehan	
3 Matt Bowden	1	21 Jak Crook	1	39 Lachlan Mitchell	2	4 John Barlow	
4 Lachlan Giles	1	22 Alan Sinclair	1	40 James Lumsden	1	5 Leroy Ristevski	
5 Reuben Schembri	1	23 Thomas Doidge	2	41 Anthony Pacers	1	7 Brody Thrum	
6 Alex Simpson	1	24 Scott Stringer	2	43 Toby Walker	3	8 Ben Sankey	
7 Jack Dalgleish	1	25 John Morgan	1	44 Darren Robinson	1	9 Jack Freestone	
8 Riley O'Meara	1	26 Jeff Crimmins	1	45 Nick Simpson	3	10 Jesse Harbinson	
9 Zach Webb	3	27 Daniel Reynolds	1	47 Bailey Griffin	1	11 Patrick Dynon	
10 Andrew Richardt	1	28 Nathan Scott	1	48 Lucas Jowett	1	12 Aythyn Robotham	
11 Ben Richmond	1	29 Ollie Bryant	1	49 Tyson Griffin	1	17 James Ryan	
12 Joel Regan	3	30 Jack Foster	1	50 Elliot Cowley	1	18 Scott Jowett	
13 Arian Rintala	3	31 Luke Fellows	1	52 Michael Conlan	3	19 Cody Sammut	
14 Alex Shepherdley	1	32 Rhys Barber	1	58 Lachlan Johnston-Bailey	1	20 Andrew McDonald	
15 Jack Radford	4	33 Jack Woodburn	1	59 Griffin Johnston-Bailey	1	21 Bradley Dobell	
16 Callan Randall	3	34 Aaron Andrews	1	61 Matt Merry	1	23 Blake Rix	
17 Luke Malone	1	35 Michael Braszell	1			24 Darcy La Maison	
18 Darcy Giles	1	36 Jake O'Meara	1			25 Jake O'Meara	
						27 Lachie Shanahan	
						30 Mitch Crosland	

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Larissa Rix	GS	Tarnee Hammond	GS	Emma Stone	GS	Stephanie Hammond
GA	Darcee Ellard	GA	Georgia White	GA	Maddy Richards	GA	Elke Hanson
WA	Mia Daly	WA	Ebony Coulsell	WA	Jaymee Amellia	WA	Khaliah Meader
C	Chloe Hodgson	C	Matilda Hill	C	Mollie Choate	C	Amber Winks
WD	Ella Stoward	WD	Meg Dalgleish	WD	Michelle Rix	WD	Jayla Laffan-Zoch
GD	Kira Baldwin	GD	Bethany Lyons	GD	Kayla Dyer	GD	Lauren Beuduger
GK	Amanda Bruce (captain)	GK	Ivy Harrop	GK	Meaghan Lyons	GK	Clair Mustey
Sub	Stephanie Hammond	Sub	Keeley Holter	Sub	Kate Jackson	Sub	Amy O'Meara
Sub	Elke Hanson	Sub	Stacey Deimos	Sub	Sharna Smith		
Sub	Bethany Lyons			Sub	Hayley Milner		
				Sub	Carolyn Cusack		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				



MACEDON FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Al Meldrum

Reserves Coach: Wayne Sanders

Under 19.5 Coach: Bevan Uren

SENIORS / RESERVES

No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV	No. PLAYER	PPV
1 James Wright	1	25 Matt Knox	1	50 Ben Blake	1	1 Liam Spry	
2 Jarrod Bulluss	1	26 Ryan Hickingbotham	1	51 Tyson Christensen	1	2 Will Thomas	
3 Dave Morice	3	27 Jae Wilton	1	52 Travis Hancock	2	3 Jake Williams	
4 Pat Doyle	1	28 Dylan Johnstone	1	53 Aaron Christiansen	1	4 Alec McGregor	
5 Ryan Fischer	1	29 Ed Morrissey	1	54 Brendan Faria	1	5 Josh Blake	
6 Tom Hildebrand	1	30 Karl Staudt	1	55 Matt Faria	1	6 Max Webb	
7 Zach Smedley	1	31 Tom Pridgeon	4	56 Jeremy Schroder	1	7 Cooper Brendish	
8 Jordan Dyer	1	32 Leo Webb	1			8 Dylan Johnstone	
9 Jason Cooke	1	33 Jack Lord	1			9 Lincoln Roberts	
10 Declan Phyland	3	34 Louis Bongiovanni	1			10 Ollie Monaghan	
11 Jack Mills	1	35 Jacob Micalfeff	1			11 Max Ramsay	
12 Zac Baggs	3	36 Todd Delahey	4			12 Lewy Potter	
13 Toby Sims	1	37 D'arcy Bishop	1			13 Max Richards	
14 Brodie Hoyne	1	38 Tristyn Nicholls	1			14 Connor Mclean	
15 Matt Dick	1	39 Clinton Burgess	1			15 Michael Rutledge	
16 Jonathan Barnett	1	40 Cam Toll	1			16 Oscar Barry	
17 Darren Goodwin	1	41 Zach Leach	1			17 Will Gray	
18 Dan Trajanovski	2	42 Nick Scholes	1			18 Flynn Mciver	
19 Hamish Miles	1	43 Sean Harwood	2			19 Robbie Armour	
20 Chad Walker	1	44 Cody Manniche	1			20 Ronan Lynch	
21 Harrison Shipp	1	45 Brad Bell	1			21 Rory Barker	
22 Brody Lamplugh	1	46 Matt Mills	1			22 Darragh Collins	
23 Dan Trotta	1	47 Matt Dettmann	1			23 Jeremy Schroder	
24 Jack Kernan	1	48 Harry Summers	2			24 Tajh O'Brien	
						25 Xander Monaghan	

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Chloe Williams	GS	Georgia Fearn	GS	Susan Eastman	GS	Tess Randall
GA	Ciara Stewart	GA	Samantha Nunan	GA	Amy Iliac	GA	Elizabeth Barry
WA	Chelsea Kemp	WA	Demi Young	WA	Steph Ferrier	WA	Tamika Bishop
C	Karlee Bruno	C	Demi Fitzsimmons	C	Samantha Stevenson	C	Samatha Jeffrey
WD	Hayley Birch	WD	Georgia Hutchinson	WD	Kenzi Brennan	WD	Dacey Cole
GD	Janelle Birch	GD	Bella Klaaysen	GD	Marilyn Elder	GD	Billie Cole
GK	Katie Clarke	GK	Aleigha Walters	GK	Allira Egan	GK	Eloise Williams
Sub	Shanae Brundell	Sub	Nellie Wilson	Sub	Janaya Chamra	Sub	Ava Nitz
Sub	Caitlyn Alifracio			Sub	Isobel McArdle	Sub	Ava McClure
				Sub	Briarley Delaney	Sub	Sheridan Jones

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

WALLAN FOOTBALL NETBALL CLUB

Club Notes

After months of preparation we can't wait to start the 2023 season. It has been a very busy off season for Wallan FNC particularly for our Netball and Football Coaches, Netball Coordinator and Football Manager. Now everything is ready for a big 2023.

We welcomed lots of new netballers and footballers, playing their first game for the club and wish them the best of luck. We also wish all our Under 19.5s moving up to Seniors and Reserves the best of luck, in addition to our Juniors now playing their first Under 19.5s games.

Our netballers are looking forward to the 2023 netball season with the return of our Head coach Lucas Bennett-Hullin and welcoming a new coach, Amy De Chellis to the team. Our teams have a good mixture of new and returning players. A

grade welcomes few new players, who are blending in well with returning talent from the 2022 season. All the girls have been training hard in pre-season and we look forward to being competitive in the coming season.

A huge thank you must go to our Sponsors who continue to support the club and all the all sponsors who have come on board recently. Your support is greatly appreciated. Thank you to all the volunteers, who help out in on field roles and off the field roles, without your support the games wouldn't go ahead.

After a big day at Romsey on Saturday 15th April for everyone, players, coaches, officials, volunteers and supporters, we will enjoy our first big home social function.

ROMSEY FOOTBALL NETBALL CLUB

Club Notes

Welcome to all Redback players and supporters to what we hope is an exciting 2023 season.

After a long and strenuous pre season. Our football and netball teams are looking forward to hit the field/courts to show their improvements from last season.

With new senior coaches in the football(Justin Sharman) and Netball (Lena Way) the club is expecting to

see both team compete in finals.

We are expecting all sides to be highly competitive this year.

We would once again like to thank all our sponsors for the support and we are looking forward to showcasing our new electronic scoreboard which would not have been possible without a generous Grant the the Romsey/Lancefield Bendigo Bank.

Go Redbacks

SPONSORS



SPONSORS





WALLAN FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Daniel Nolan

Reserves Coach: James Christall

Under 19.5 Coach: Christian Birch

SENIORS / RESERVES

No.	PLAYER	PPV	No.	PLAYER	PPV
1	Matthew Perri (S)	1	16	Alex Potocnik (R&C18)	1
1	Damien King	1	17	Blaide Dickson	1
2	Brenton Cox (S)	1	18	Michael Tinkler	4
3	Todd Muldoon	1	18	Michael Wilson	1
3	Matt O'Connor (R&C18)	1	19	Brayden Bynre	1
4	Alex Crnko	1	20	Sean Morris	1
5	Steven Callanan	4	20	Jake Neilson	1
5	Daniel Perkins	1	21	Hayden Gill	5
6	Corey Viani (S)	1	22	Brandon Muldoon	1
6	Mitchell Toes	1	22	Callum Langborne	2
7	Graeme Torney	1	23	Mason Bowden	1
7	Alex Crawford	1	23	Josh Watson	1
8	Brenton Hanson	1	24	Kaiden Broomfield	1
8	Jacob Langborne	1	25	Michael Mannix	1
9	Daniel Mackertich	1	26	Owen Fowler	1
9	Casey Nelson	1	27	Matt Bell	1
9	Daniel Nolan	1	27	Riley Gilchrist	1
10	Jake Layley	1	28	Steve Bell	1
10	Brandon McDougall	1	29	Mitchell Kermath	1
11	Damian Korp	1	29	Cameron Selvaggio	1
12	Kobey Christall	1	30	Luke Zerella	1
12	Michael Baccari	4	30	Nash King	1
13	Patrick Baccari	4	31	Josh Ruth	1
13	Riley Voss	1	32	Matthew Traynor	1
14	Jamie Morris	1	33	Jordan Port	3
14	Josh Vilinski	5	34	Angelos Sidhom	2
15	Patrick Mahoney	1	35	Rhys Frost	1
16	Brodie Gilchrist	1	36	Shuan Harrison	1

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS	Maeve Donegan	GS	Georgia Stevenson	GS	April Hazelwood-Smith		
GA	Rebekah Konstantopoulos	GA	Emma Stalenberg	GA	Ashleigh Grindlay		
WA	Genevieve Carboon	WA	Dakota Lister	WA	Alex Byrnes		
C	Gemma Grimmond	C	Lauren Parkinson	C	Johanna Tighe		
WD	Teagan Walker	WD	Anneike Mathey	WD	Nicki Bradley		
GD	Amanda Rothwell-Hiscock	GD	Alysha Shephard	GD	Emma Brooking		
GK	Erin Jay	GK	Karleigh Whyte	GK	Ella Mahoney		
		Sub	Macey Byrnes	Sub	Sarah Dore		
		Sub	Amanda Su'a	Sub	Megan Taylor		
				Sub	Brittany O'Toole		

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				



ROMSEY FOOTBALL NETBALL CLUB

NETBALL

A Grade Coach: Lucas Bennett-Hullin

B Grade Coach: Amy De-Chellis

C Grade Coach: Lucas Bennett-Hullin

19 & U Coach:

U/19.5

No.	PLAYER	PPV	No.	PLAYER	PPV
37	Angus Love	1	1	Luke Young	
39	Jayden Wright	1	2	Shane Lawrence	
39	Grant Williams (C18)	1	3	Campbell Fowler	
40	Braeden Braunack	1	4	Rhys Caiata	
42	Jacob Cincotta	1	5	Jack Charlton	
43	Brok Wightman	1	6	Jeff Kennedy	
43	Brian Lawrence	1	7	Matthew Carroll	
45	Matthew Pannuzzo	1	8	Owen Folwer	
46	Connor Voss	1	9	Joshua Stevenson	
47	Mathew Caminiti (C18)	1	10	Jordan Stewart	
47	Johnathon Brew	1	11	Marcus Datson	
48	Jordan Roberts	1	13	Ben Tuite	
47	Johnathon Brew	1	14	James Hawkins	
49	Daniel Costa	1	17	Anthony Totino	
50	Spencer Whittingham	1	18	George Davis	
55	Adrain Palmieri (C18)	1	19	Cohen Slade	
55	Ben Telford	1	20	Jack Dejong	
56	Brad Gordan	1	21	Declan Rees	
58	Ayden Easdale	1	23	Ryan Douglas	
63	Josh Anderson	1	25	Tarkyn Lennox	
67	Alex Tomsy	1	26	Zac Wilson	
74	Riley Evans	1	27	Riley Gilchrist	
88	Steve Boyall	1	28	Jack Whitfield	
			30	Nash King	
			43	Brian Lawrence	
			44	Ryan Allison	
			50	Spencer Whittingham	
			78	Randall Whittingham	



TEAMLISTS NOT PROVIDED

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

DIGGERS REST FOOTBALL NETBALL CLUB

Club Notes

The Diggers Rest Football Netball Club is excited to welcome back our members, sponsors and players for an exciting 2023 season. We will be hosting Woodend-Hesket for Round 1 on the 15th April at Bloomdale oval.

We have had a busy off season with new players and sponsors joining us for 2023. We welcome you all to the Diggers Rest Football Netball Club. I urge all our supporters and players to use our valued sponsors as without them we could not operate and they all are the reason we have such a great club.

The coaches and players have worked hard over the off season and are looking forward to getting the season under way. We wish all our football and netball players the best of luck in Round 1. It is a great club to be part of, which has been proven year after year.

Personally, I would like to thank our committee members and volunteers, you are all so valuable to our club and what a great team to be part of.

GO BURRAS!!

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DIGGERS REST FOOTBALL NETBALL CLUB

FOOTBALL

Seniors Coach: Jamie Lobb

Reserves Coach: Jeff Heritage

Under 19.5 Coach: Thomas Schwazenberg

NETBALL

A Grade Coach:

B Grade Coach:

C Grade Coach:

19 & U Coach:

SENIORS / RESERVES

No.	PLAYER	PPV	No.	PLAYER	PPV	No.	PLAYER	PPV	No.	PLAYER
1	Dylan Hannan (R)		25	Joshua Wallace (S)		74	Tom Evans (R)			
2	Austin Cicero (S)		27	Taylor Hine (S)		98	Jordan McGregor (R)			
2	Joseph Piccolo (R)		28	Steven Fogarty (R)			Jake Brown			
3	Ryan Mullen (S)		30	Jack Wilson (S)			Stuart Clarke			
5	Benjamin Hannan (R)		31	Sam Morganti (R)			Deven Costigan			
7	Mitchell Jensen (S)		32	Brandon Sarich (R)			Joshua Flower			
7	Jeff Heritage (R)		39	Glen Stewart (R)			Jaycob Hickey			
8	Jaidyn Caruana (S)		40	Matthew Webber (S)			Lachlan Hickey			
9	Jamie Lobb (S)		43	Nathan Pinder (R)			Mark Orr			
10	Mitchell Day (S)		51	Scott Lobb (R)			Chris Payne			
14	Brad Sluggett (R)		52	Benjamin Tocci (R)			Nicholas Reaburn			
16	Mitchell Brockwell (S)		53	Daniel Rodger (R)			John Ryan			
21	Christopher Lawton (S)		60	Justin Tenaglia (S)			Robert Ryan			
22	Matthew Krul (S)		61	Harrison Wilson (S)			Shaun Sims			
23	Cole Laurie (S)		69	Braydon Cicero (R)			Craig Thompson			

NETBALL

Pos	A GRADE	Pos	B GRADE	Pos	C GRADE	Pos	19 & Under
GS		GS		GS		GS	
GA		GA		GA		GA	
WA		WA		WA		WA	
C		C		C		C	
WD		WD		WD		WD	
GD		GD		GD		GD	
GK		GK		GK		GK	
Sub		Sub		Sub		Sub	
Sub		Sub		Sub		Sub	
Sub		Sub		Sub		Sub	

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
SENIORS				
RESERVES				
U/19.5				

GISBORNE GIANTS FOOTBALL NETBALL CLUB

Club Notes

The Gisborne Giants FNC under 19.5 football team 2023 campaign began in September of 2022 with the re-appointment of Mark McKenzie as head coach, following a successful inaugural season last year.

Since pre-season, the Giants have been working tirelessly in recruiting players that will complement the current playing group. Assistant coaches have been welcomed to support Mark in building a strong game plan with a clear brand identity to take Gisborne Giants deep into the finals.

The Giants committee has also been full steam ahead with a commitment to field our first senior team for season 2024. Whilst there is a lot of groundwork to cover, we have made significant gains over the last few months and remain very optimistic of being able to achieve our vision. A very exciting time to be a part of the 'Rise of the Giants'.

The Giants are looking forward to participating in the RDFNL senior

competition again for season 2023 and beyond. We congratulate all clubs that have been able to field one, two or three teams and we look forward to the challenge of playing against them throughout the year.

Season 2023 will also be our first year of being able to field an under 19 netball side, we all look forward to watching the girls play this year and being involved in not only expanding on our junior affiliation but help solidify our senior affiliation for season 2023 and beyond.

The Gisborne Giants would also like to acknowledge and give special thanks to the ongoing support and recommitment of our sponsors Essendon Hyundai and Quest Serviced Apartments and Gisborne Tyres and welcome The Telegraph Hotel as a major sponsor for season 2023. The continued and valued support of our sponsors help expand and solidify our junior and senior affiliations moving forward.

SPONSORS



GISBORNE GIANTS FOOTBALL NETBALL CLUB

FOOTBALL

Under 19.5 Coach: Mark McKenzie

FOOTBALL

U19 & Under Coach: Genaya Bourke
U19 & Under Assistant Coach: Creina Lock

U/19.5

No.	PLAYER	PPV	No.	PLAYER	PPV	No.	PLAYER	PPV
1	McSwiggan, Angus		13	Dalton, Max		27	Martland, Darcy	
2	Bant, Ryan		14	Hester, James		30	Ryan, Jack	
3	Coughlan, Ben		15	Hynes, Nathan		31	Bourne, Jack	
4	Scarlett, Sam		16	Schnoor, Oscar		34	Evans, Jesse	
5	Richards, Max		17	Baines, Ryan		35	Doyle, Tom	
6	Jackson, Will		18	Parry, Casey		36	Walsh, Malachy	
7	Arthurson, Jordan		19	Forrester, Archie				
8	Andrews, Brodie		20	Kerry, Aidan				
9	Simpson, Sam		21	Burnell, Austin				
10	Russo, Vince		22	McCann, Jack				
11	Argus, James		23	Jolly, Rowan				
12	McCarthy, Aiden		24	Woods, Declan				

NETBALL

Pos	19 & Under
GS	Amy De young
GA	Charlotte Dempsey
WA	Scarlett Ellis
C	Jorja Kristitz
WD	Elyse Muster
GD	Pippa Rodda
GK	Natalie Valentine

TEAM	1/4 TIME	1/2 TIME	3/4 TIME	FULL TIME
U/19.5				



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UMPIRES CORNER

by Paige Giles



The Junior Development Program is more than just a training ground for aspiring umpires.

It's a place where lifelong friendships are formed, where mentors become like family, and where dreams become a reality.

These young umpires may not know where their careers will take them, but they know that they have the support and guidance of a community that believes in them.

Week 1 of Riddell Umpires Junior Development Program kicked off last Wednesday night with a bang with 16 new umpires coming onboard. Do not fret, there is still plenty of time to sign up here: <https://forms.gle/2Ln6Eymq5PjpT14u6>

Training is at MacPherson Park on Wednesday nights @ 5:15pm. We're excited to see what 2023 holds for these newbies! For any other questions, feel free to reach out!



NETBALL TIPPING 2023

Each week throughout the 2023 season, a panel of RDFNL staff, executive, sponsors and media will submit their tips for the weekend's senior football matches, which will be featured in the footy record. See how your tips stack up against the RDFNL experts each week!

NAME	Western Rams v Melton Centrals	Romsey v Wallan	Riddell v Macedon	Diggers Rest v Woodend-Hesket	Woodend-Hesket v Riddell	Last Week	Season
Brenton Knott RDFNL President	Western Rams	Wallan	Macedon	Woodend-Hesket	Riddell		
Krissy Clement RDFNL Netball Director	Western Rams	Wallan	Macedon	Woodend-Hesket	Woodend-Hesket		
Ben Higgins Leader	Western Rams	Romsey	Riddell	Diggers Rest	Woodend-Hesket		
Tara Murray Star Weekly	Western Rams	Wallan	Macedon	Woodend-Hesket	Woodend-Hesket		
Jordan Doyle RDFNL CEO	Western Rams	Wallan	Macedon	Woodend-Hesket	Woodend-Hesket		
Grace Bibby RDFNL Media & Netball	Western Rams	Wallan	Riddell	Woodend-Hesket	Woodend-Hesket		
Aaron McLean RDFNL Footy Ops	Western Rams	Wallan	Macedon	Woodend-Hesket	Woodend-Hesket		
Sarah Barton Bendigo Bank	Melton Centrals	Wallan	Riddell	Woodend-Hesket	Riddell		
Tara Nolan RDFNL Admin	Western Rams	Wallan	Macedon	Woodend-Hesket	Woodend-Hesket		



WESTERN WATER NETBALL REPORT by RDFNL Netball Manager Grace Bibby

It has been a very busy off season for all at the RDFNL.

I am sure I am not on my own when I say I can't wait for the season to start.

There has been plenty of excitement with new teams coming into our competition, new players coming into our competition, new concepts coming into our competition and maybe the most pleasing thing of all is the steady growth of participation across both our senior and junior competition.

For the first time ever, we welcome Gisborne Giants into our senior Netball ranks.

We thank Kathryn Howlett for her contributions as well as her committee members who have made this happen.

Giants are a strong junior club with many promising young netballers and it's great that their pathway to senior netball is now with us in the RDFNL.

We also welcome Kyneton FNC and East Sunbury Netball Club into our junior competition.

This season for the first time ever we will have 10 divisions of junior netball.

For the first time ever, we also completed our junior netball grading on one day at MRNA Netball Complex.

It was a huge day with 117 games played by the 78 teams.

Thank you to all the coordinators for their support and cooperation on the day.

The feedback we have received has all been very positive and we look forward to fine tuning the day and it being even better in 2024.

In the off season we have also appointed our three junior Interleague team coaches.

We are very lucky to have high quality coaches across all age groups and the inroads they have already made is exciting to see.

We can't wait to see how they go against Ballarat FNL in practice matches next week and then at Association Championships in early June.

We wish Hope Evans (Romsey) the best of luck with the 13s, Michelle Rix (Lancefield) the best of luck with 15s and Teagan Dowsett (Diggers Rest) the best of luck with the 17s.

While we are not proud to have to do it we also introduce a player report sheet that is similar to the football report sheet.

The RDFNL has a zero tolerance of poor behaviour and we believe this is the best way to continue to support our umpires.

The report sheet includes set penalties as well as tribunal referrals the same as football.

Umpires are still extremely hard to find and we hope the more we support our umpires the more comfortable they are umpiring within the league.

We are still looking for senior panel umpires so if you or someone you know is looking to umpire, please email grace@rdfnl.com.au.

This year we have also had a huge number of coordinators step down which makes way for new people. Thank you to those who I have worked with over the last few years and thanks to those putting their hand up to fill their shoes.

Sometimes being a coordinator is a thankless job but you are making a difference in a lot of lives within your small community.

I wish everyone the best of luck this season and hope you have an enjoyable time and better yourself both on and off court.

If you are reading this at the Rams vs Centrals games or Woodend Hesket Riddell game Happy Easter and have a safe break.

If you are reading this at the rest of the round 1 games, I hope you have all had a happy and safe break.



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Round 1



WESTERN WATER NETBALL PREVIEW by RDFNL Netball Manager Grace Bibby

There has been plenty of movement in the off-season and our premiership team may have been the hardest hit. We see a number of high-quality recruits coming into the league which is exciting for all teams.

Round one is played on two separate days with the Rams and Centrals kicking us off on the 1st of April with all other round 1 games on the 15th. The strange thing is the round three contest between Woodend z Heskett and Riddell will be played in the middle of the two on Good Friday.

We are excited to see all the action unfold.

Round 1

Western Rams vs Melton Centrals

Our first match of the 2023 season is shaping up to be a big one.

Western Rams continue to improve but haven't been able to make any inroads into a late finals berth.

This year they add some world class talent to their already promising youngsters.

Lucia Fauonuku and Beyoncé Palavi from the Tonga National Team are big inclusions and will give the Rams more depth this season.

They will combine with young stars of the competition Lia Seumanutafa and Elsa Butterworth Gonebale who proved they are capable at senior level last season.

If Western Rams can pull it all together this season may be their best yet.

There is no shortage of young keen netballers after they won the 19 and under premiership last year.

Melton Centrals will rely on returning players to get the job done this season. Hayley Hill and Emma Winzer will play big roles down each end of the court.

Bec Morabito and Abbey Grant who return to A grade after a stint in B grade will also be important.

Prediction: Western Rams will take the first-round win over Melton Centrals.

Romsey vs Wallan

Romsey will look like a team we have seen before with the return of Chelsea Ross Cayley Blair and Sally Mitchell.

All three players played in the red and black not too long ago and the young Romsey line up will be stronger with them there.

Chelsea Ross has improved her leadership qualities in a year of coaching B grade at Diggers Rest.

Blair has also been a stand out in the B grade ranks playing with Riddell and she will be looking forward to the A grade opportunities once again.

They will be joined by young gun Emily Miles who continues to improve and take the junior competition by storm.

She has been a class above for some time now and is very deserving of a chance at the highest RDFNL level.

Romsey will come up against Wallan who have had a long off season to work out where they went wrong in the elimination final.

Chloe Meulenmeesters leaves a big hole in their attacking end and will be a tough replacement to find.

Defensively they are still strong with Erin Jay and Gemma Grimmond returning.

They have picked up some talented youngsters in Rebekah Konstantopoulos and Maeve Donegan.

This is a tough one to tip first up as both teams have made plenty of changes.

Prediction: Wallan to win in a close one.

Diggers Rest vs Woodend Heskett

It's the grand final rematch from 2023 and the result looks likely to fall the other way.

Woodend Heskett will have already started their campaign with the Good Friday match against Riddell.

Rach Reeves has been appointed the new coach of Diggers Rest replacing Pam Strong.

She starts on the back foot as she was late to take up the position.

Diggers Rest have lost a lot of their players from their premiership team and will take time for the new team to gel.

Leona Hristovska comes into the team with VNL experience and Kali Hinemooa is another inclusion from Melton in the Ballarat FNL.

Woodend Heskett welcome Simon's Di Filipino matches the VNL experience of Hristovska while Matilda Lethlean is trying her third RDFNL club.

We can also not forget to mention the Ryan Medalist, MVP and team of the year goal defender Ty Coppinger.

Abbey Gilmore is also a chance to return after she ruptured her Achilles early last season.

Prediction: Woodend Heskett to make it two wins to start the season.

Riddell vs Macedon

New coach Bec Anstey steps into the A grade coaching by role and will hopefully provide some stability for the entire season.

She has added some talent to her already impressive list with the inclusion of Amy Starzer who was a premiership player at Diggers Rest last season.

Ellen Close, Shelby Holter, and Maddi Brown and all returning and bring a whole lot of skill and experience despite their age.

Brown especially fitted in seamlessly last season and was an important player in the mid court.

She is speedy across the court and her pressure often leads to turn overs.

For Macedon they were back into things nice and early last season.

Licking their wounds from a tough exit from the A grade competition Clara Stewart was straight back to work, constructing their 2023 team.

They have had some changes to the coaching structures and a few players are moving between the teams but we know Clara doesn't give too much away.

Janelle Birch was a standout player for the Cats last year in the finals and will once again be pivotal to their success.

Hopefully we see Chloe Wilson back on the RDFNL courts even if she is not ready for round one.

Predictions: Riddell to record their first win of the season.

Round 3

Woodend Heskett vs Riddell

Woodend Heskett have kept the majority of their grand final team together; their coaching structure is still the same and they have also added in some additional talent.

Riddell have also retained a lot of their players from last season.

Riddell will have more scoring options in 2023 with the inclusion of Amy Starzer.

Starzer was influential in Diggers Rest's finals win over Riddell last season and with Ellen Close and Shelby Holter back for another year Anstey will have plenty of room to move.

Starzer will have plenty of confidence against the Woodend Heskett powerhouse defenders after the grand final performance as well.

Sarah Duff will be missed from the Hawks mid court as she misses this season through injury.

With the impressive recruiting from both teams this could well be an early grand final preview.

Prediction: Woodend Heskett to take the honours on Good Friday.



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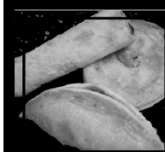
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2022 BENDIGO BANK SENIORS COMPETITION



TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
Riddell	16	14	2	0	2	0	1410	689	204.64	64
Diggers Rest	16	14	2	0	2	0	1719	864	198.96	64
Wallan	16	13	2	1	2	0	1967	715	275.10	62
Romsey	16	9	7	0	2	0	1167	962	121.31	44
Macedon	16	8	8	0	2	0	1095	1066	102.72	40
Woodend-Hesket	16	7	8	1	2	0	1117	865	129.13	38
Melton Centrals	16	4	12	0	2	0	912	1346	67.76	24
Lancefield	16	2	14	0	2	0	697	1808	38.55	16
Western Rams	16	0	16	0	2	0	312	2081	14.99	8

LEADING GOALKICKERS

NAME	TEAM	TOTAL
Matthew Perri	Wallan	68
Corey Grindlay	Wallan	64
Jason Cooke	Macedon	51
Mitchell Jensen	Diggers Rest	49
Mitchell Day	Diggers Rest	43
Timothy Walsh	Riddell	36
Sean Morris	Wallan	33
Josh Pound	Woodend-Hesket	28
Dean Walsh	Romsey	24
Aaron Paterson	Romsey	23

2022 MELTON TOYOTA RESERVES COMPETITION



TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
Wallan	15	14	1	0	2	1	1615	271	595.94	68
Diggers Rest	15	13	2	0	2	1	1446	309	467.96	64
Melton Centrals	16	11	5	0	2	0	1053	658	160.03	52
Riddell	16	10	6	0	2	0	997	571	174.61	48
Woodend-Hesket	16	9	7	0	2	0	1280	541	236.60	44
Macedon	16	7	9	0	2	0	738	886	83.30	36
Romsey	15	3	12	0	2	0	416	1343	30.98	20
Lancefield	15	2	13	0	2	0	368	1554	23.68	16
Western Rams	16	1	15	0	2	0	268	2048	13.09	12

LEADING GOALKICKERS

NAME	TEAM	TOTAL
Max Ambler	Woodend-Hesket	43
Dean Borg	Melton Centrals	41
Kieren Haddad	Woodend-Hesket	31
Corey Goforth	Diggers Rest	29
Rhys Frost	Wallan	26
Jesse Sheppard	Woodend-Hesket	26
Matthew Traynor	Wallan	24
Mitchell Lawton	Diggers Rest	24
Kale Frost	Wallan	24
Daniel Perkins	Wallan	23

2022 BUFFALO SPORTS UNDER 19.5 COMPETITION



TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
Wallan	15	12	3	0	0	1	944	643	146.81	52
Riddell	16	12	4	0	0	0	1058	563	187.92	48
Romsey	15	11	4	0	0	0	836	607	137.73	44
Macedon	16	8	8	0	0	0	839	872	96.22	32
Woodend-Hesket	16	2	14	0	0	0	628	944	66.53	8
Gisborne Giants	16	2	14	0	0	0	561	1179	47.58	8

LEADING GOALKICKERS

NAME	TEAM	TOTAL
Jack Radford	Riddell	50
Michael Rutledge	Macedon	40
Alex Crnko	Wallan	32
Tarkyn Lennox	Wallan	27
Jonah Emonson	Romsey	24
Will Thomas	Macedon	21
Darcy McGrath	Riddell	17
Malachy Walsh	Gisborne Giants	16
Brayden Farrugia	Woodend-Hesket	15
Nathan Hynes	Gisborne Giants	15

2022 CLUB 18 COMPETITION

TEAM	P	W	L	D	B	FF	For	Agst	%	PTS
St Albans	10	9	1	0	0	0	789	263	300.00	36
Eynesbury	9	7	2	0	0	1	568	243	233.74	32
Wallan	8	4	4	0	0	2	588	297	197.98	24
Caroline Springs	10	5	5	0	0	0	483	346	139.60	20
Bacchus Marsh	9	2	7	0	0	0	272	541	50.28	8
Braybrook	8	0	8	0	0	0	138	888	15.54	0

LEADING GOALKICKERS

NAME	TEAM	TOTAL
James Burnes	St Albans	21
Nicholas Cocolaras	Caroline Springs	20
Daniel Nolan	Wallan	19
Shannon Russell	St Albans	12
Mitchell Kermath	Wallan	11
Dale Dyson	Caroline Springs	9
Luke Zerella	Wallan	9
Brock Reid	Bacchus Marsh	8
Tristan Russell	St Albans	8
Bekim Muhtari	St Albans	7
Adrian Longo	St Albans	7

2022 GREATER WESTERN WATER A-GRADE COMPETITION



TEAM	P	W	L	D	F	A	PTS	%
Macedon A Grade	16	14	2	0	810	546	64	148.35
Woodend Heskett A Grade	16	12	4	0	800	476	56	168.07
Diggers Rest A Grade	16	12	4	0	830	596	56	139.26
Wallan A Grade	16	11	4	1	631	553	54	114.10
Riddell A Grade	16	8	8	0	737	596	40	123.66
Western Rams A Grade	16	5	9	2	669	854	32	78.34
Melton Centrals A Grade	16	5	11	0	685	812	28	84.36
Lancefield A Grade	16	2	12	2	584	816	20	71.57
Romsey A Grade	16	0	15	1	417	914	10	45.62

2022 GREATER WESTERN WATER B-GRADE COMPETITION



TEAM	P	W	L	D	F	A	PTS	%
Diggers Rest B Grade	16	13	2	1	600	383	62	156.66
Macedon B Grade	16	12	3	1	670	489	58	137.01
Melton Centrals B Grade	16	12	4	0	600	464	56	129.31
Lancefield B Grade	16	12	4	0	510	460	56	110.87
Western Rams B Grade	16	7	9	0	445	508	36	87.60
Woodend Heskett B Grade	16	5	11	0	455	507	28	89.74
Riddell B Grade	16	5	11	0	479	573	28	83.60
Wallan B Grade	16	4	12	0	414	543	24	76.24
Romsey B Grade	16	1	15	0	432	678	12	63.72

2022 GREATER WESTERN WATER C-GRADE COMPETITION



TEAM	P	W	L	D	F	A	PTS	%
Western Rams C Grade	16	14	1	1	562	365	66	153.97
Macedon C Grade	16	14	2	0	554	243	64	227.98
Diggers Rest C Grade	16	13	3	0	479	360	60	133.06
Lancefield C Grade	16	9	6	1	448	335	46	133.73
Riddell C Grade	16	8	8	0	475	388	40	122.42
Melton Centrals C Grade	16	6	10	0	444	442	32	100.45
Wallan C Grade	16	5	11	0	351	425	28	82.59
Woodend Heskett C Grade	16	2	14	0	283	560	16	50.54
Romsey C Grade	16	0	16	0	219	697	8	31.42

2022 GREATER WESTERN WATER 19 & UNDER COMPETITION



TEAM	P	BYE	W	D	L	F	A	PTS	PTS RATIO	%
Western Rams 19 & Under	14	12	0	2	637	277	68	229.96	5.538	17.9487
Woodend Heskett 19 & Under	14	11	2	1	532	263	62	202.28	4.833	11.2725
Melton Centrals 19 & Under	14	9	4	1	463	331	54	139.88	4.615	13.5078
Macedon 19 & Under	14	8	6	0	419	312	48	134.29	4.154	14.396
Riddell 19 & Under	14	8	6	0	435	353	48	123.23	4.000	7.3202
Romsey 19 & Under	14	3	11	0	195	458	28	42.58	2.857	7.9121
Diggers Rest 19 & Under	14	3	11	0	159	469	28	33.90	2.769	6.5104
Lancefield 19 & Under	14	0	14	0	188	565	16	33.27	2.154	2.6000

BOWEN & RYAN MEDAL RESULTS 2022

The 2022 RDFNL Bowen & Ryan Medal count was held at Tabcorp Park on Friday 30th September with over 270 guests in attendance. The evening ran a little differently this year, with less formalities and a live band 'Good Faces 4 Radio' creating a great atmosphere.

Steven Boyall from Wallan was a convincing winner of the 2022 Bowen Medal, after being voted best on in 9 rounds throughout the season. Wallan's Corey Grindlay was named Footballer of the year, as voted by the coaches.

Key defender Tayissa Coppinger was the Ryan Medallist for 2022 after an incredible first season

Bendigo Bank Senior Football Best & Fairest



Steven Boyall (Wallan)
Bowen Medallist
(Best & Fairest)
29 Votes



Michael Edwards (Riddell) Matthews Medal
(Runner Up)
21 Votes

Greater Western Water A Grade Netball Best & Fairest



Tayissa Coppinger (Woodend-Hesket)
Ryan Medallist
(Best & Fairest)
23 Votes



Karina Martin (Wallan)
(Runner Up)
19 Votes

Melton Toyota Reserves Football Best & Fairest



Matthew Traynor (Wallan)
Scarborough Medallist
(Best & Fairest)
28 Votes



Dean Borg (Melton Centrals)
Runner Up
15 Votes

with Woodend-Hesket, finishing just 4 votes ahead of Wallan's Karina Martin. Ty capped off a great night, being recognised as Netballer of the year.

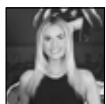
Other notable winners on the night were Michael Edwards winning the Steve Turner Rising Gun, while Western Rams netballer Elisa Butterworth-Gonebale took out the Rising Star Award. Wallan FNC was awarded Club of the year just ahead of Diggers Rest FNC and Woodend-Hesket FNC.

Congratulations must go to Jo-Anne Carroll from Romsey after being recognised for her contributions to her club and the league as the Dome Security Unsung Hero.

Greater Western Water B Grade Netball Best & Fairest



Brooke Seidel (Diggers Rest)
Best & Fairest
30 Votes



Jorgia Leonard (Diggers Rest)
Runner Up
20 Votes

Greater Western Water C Grade Netball Best & Fairest



Percilla Hetaraka - Kelly (Western Rams)
Best & Fairest
29 Votes



Dakota Lister (Wallan)
Runner Up
24 Votes

Buffalo Sports Under 19.5 Football Best & Fairest



Spencer Whittingham (Wallan)
Watson Medallist
(Best & Fairest)
17 Votes



Oliver Powell (Riddell)
Mcintyre Medallist
Runner Up
15 Votes

BOWEN & RYAN MEDAL RESULTS 2022

Greater Western Water 19 & Under Netball Best & Fairest



Elisa Butterworth - Gonebale (Western Rams)
Best & Fairest
19 Votes



Chelsea Pivk (Melton Centrals)
Runner Up
16 Votes

Club 18 Best & Fairest



Jesse Stiles (Bacchus Marsh)
Best & Fairest
11 Votes



Brock Reid (Bacchus Marsh)
Runner Up
7 Votes

Dome Security Leading Goal Kicker Awards



Seniors- Matthew Perri
Wallan FNC - 68 Goals



Reserves - Max Ambler
Woodend-Hesket
- 43 Goals



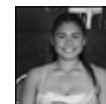
Under 19.5's- Jack Radford
Riddell
50 Goals

Steve Turner Medal - Rising Gun Award



Michael Edwards
Riddell

Greater Western Water Netball Rising Star



Elisa Butterworth-Gonebale
Western Rams

Club of the Year

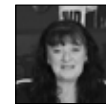


Wallan FNC
1st - 1063 pts

Diggers Rest FNC
2nd - 1054 pts

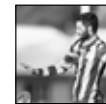
Woodend-Hesket FNC
3rd - 971 pts

Dome Security Unsung Hero Award



Jo-Anne Carroll
Romsey

Buffalo Sports Award Senior Football



Marcus Stapleton
(Woodend-Hesket)
Winner



Taylor Hine
Diggers Rest
Winner



Mitchell Portoglou
Western Rams
Runner Up

BOWEN & RYAN MEDAL RESULTS 2022

Buffalo Sports Award Reserves Football



Joshua Ruth
Wallan
Winner



Harrison Shipp
Macedon
Runner Up

Buffalo Sports Award Under 19.5 Football



Spencer Whittingham
Wallan
Winner



Saxon Gardner
Woodend-Hesket
Runner Up

Bendigo Bank Footballer of the Year



Corey Grindlay
Wallan

Greater Western Water Netballer of the Year



Tayissa Coppinger
Woodend-Hesket

Leading Goal Scorer Awards



A Grade - Chloe Williams
Macedon- 592 Goals



B Grade - Brooke Seidel
Diggers Rest
- 375 Goals



C Grade- Jessica Christie
Western Rams
352 Goals



19 & Under - Holly Adams-Alcock
Western Rams
325 Goals



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DANE SWAN

WESTERN RAMS FNC

PROFILE

Dane Swan has been a much loved football personality since he began his career with Collingwood FC in 2003. Now he is spreading his unique humour among community football clubs and has landed at Western Rams for round 1.



PLAYER/ COACH PROFILE

CLUB

Western Rams

POSITION AT THE CLUB

Full Forward

YEARS OF SERVICE

1 game

AFL PLAYING HISTORY:

258 Games

211 Goals

Brownlow Medal

Premiership Player

5 x All Australian

2 x ANZAC Day Medal

Leigh Matthews Trophy

Jim Stynes Medal

3 x Copeland Trophy

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